

## *Did you know?*

**District 14 has a fantastic website with everything you need!**

**Visit us on any computer or mobile device:**

# **al-anoncontracosta.org**

### About Al-Anon

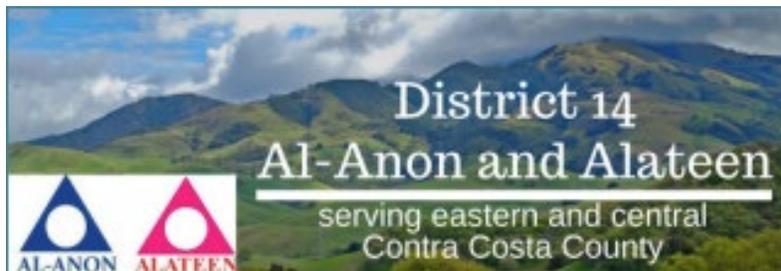
[Is Al-Anon for Me?](#)

[The Purpose of Al-Anon](#)

[Alateen: Al-Anon for Teens](#)

[The Legacies of Al-Anon](#)

[FAQs](#)



### Meetings & Events

[About Meetings](#)

[Meetings by Day](#)

[Meetings by City](#)

[Printable Meeting List](#)

[Speaker Meeting \(Monthly 4th Saturday\)](#)

- Meeting lists arranged by city and day of the week
- Calendar with more information about each event
- Speaker Meeting Recordings
- Information for the newcomer
- Easy to use “Contact Us” forms for: District Rep, Secretary, Treasurer, Alateen sponsors, Birthday Chips, and so much more!
- Access to NCWSA, Service Manual, In the Loop, Literature Depot
- Useful literature for free!
  - Steps
  - Traditions
  - Concepts
  - Do’s and Don’ts
- Website can be read in English, Spanish, or French