

WEEKLY MEETING SCHEDULE

Revised 04/19/2026

For holiday schedules and recent updates, visit our website al-anoncontracosta.org/meeting-list

AL-ANON Family Groups

Northern California District 14
Eastern and Central Contra Costa County

Open to all people who believe
their life is, or has been, affected
by someone else's drinking.

Key
★ = Spanish

AFG: Al-Anon Family Group

♿ Wheelchair accessible

Hybrid: Zoom and in-person meeting
together

WSO: Al-Anon World Service Office

Welcome,
Newcomer!

Newcomers
are welcome at
all groups

District 14 Open Speaker Meeting

Fourth Saturday of every
month at 7:00pm
John Muir Medical Center
1601 Ygnacio Valley Rd.
Walnut Creek
Speakers, refreshments,
fellowship,birthday chips.
For this month's details, visit
[al-anoncontracosta.org/monthly-
speaker-meeting/](http://al-anoncontracosta.org/monthly-speaker-meeting/)

MONDAY

12:00 NOON MARTINEZ
12 Noon Martinez AFG
Church of Christ
1865 Arnold Drive, Room 4 ♿
60 minutes WSO #503831

12:15 PM DISCOVERY BAY
A Little Time for Myself
Delta Presbyterian Church
1900 Willow Lake Road
Fellowship Room inside the church
60 minutes WSO #30557540

★ **6:00 PM PITTSBURG**
Also Wednesday 6:00PM
Fortaleza
En español
337 East Leland Rd., Ste 333A
120 minutes (2 hours) WSO #066778

6:30 PM ELECTRONIC
Men In Steps Toward Recovery (MISTR)
Men's Group
Zoom 440 492 573, passcode 033642
60 minutes WSO #501003

7:00 PM ALAMO
Monday Fireside Book Study
Creekside Community Church ♿
1350 Danville Blvd.
Room 201 at the top of the stairs
60 minutes WSO #503830

7:15 PM WALNUT CREEK
Parents of Alcoholic Children
Hillside Covenant Church ♿
2060 Magnolia Way
Room 3 (back of church)
60 minutes WSO #29601

7:30 PM CONCORD/CLAYTON
Monday Night Concord AFG
St. Bonaventure Church ♿
5562 Clayton Rd
Second building on right, last room #A4
60 minutes WSO #796

WEDNESDAY

9:30 AM WALNUT CREEK
How Al-Anon Works Book Study
Hillside Covenant Church
2060 Magnolia Way, Room 3 & 4
Parking on lower level
WSO #60524

12:00 NOON ELECTRONIC
Brentwood How Al-Anon Works
Book Study:
Zoom 821 0026 2764, passcode 07132020
WSO #501099

12:00 NOON ELECTRONIC
Walnut Creek Wednesday Noon AFG
Zoom 306 045 364, passcode 356172
WSO #1816

★ **6:00 PM PITTSBURG**
Also Monday 6:00PM
Fortaleza
En español
337 East Leland Rd., Ste 333A
120 minutes (2 hrs) , WSO #066778

7:00 PM ANTIOCH
Antioch Wednesday PM AFG
St. John's Lutheran Church
1360 East Tregallas Road
60 minutes, WSO #42382

7:00 PM ELECTRONIC
Wednesday How It Was AFG
Zoom 830 629 852, passcode 832937
60 minutes, WSO #30626159

7:00 PM BRENTWOOD
In-Between the Lines AFG
Community United Methodist Church
809 - 2nd Street
Across from Liberty High School
WSO #30765732

7:45 PM PLEASANT HILL
Pleasant Hill Easy Does It Group
Hillcrest Congregational Church
404 Gregory Lane, Social Hall
75 minutes, WSO #60206

FRIDAY

6:00 AM ELECTRONIC
Friday Morning Book Study
Zoom 813 4788 7627, passcode 914996
60 minutes WSO #30724472

9:30 AM WALNUT CREEK
Way of Life Step and Tradition Study
Hybrid
Hillside Covenant Church ♿
2060 Magnolia Way
Downstairs, Classroom 1
And
Zoom 895 0620 7180
passcode Friday930
75 minutes WSO #52347

★ **6:00 PM PITTSBURG**
Also Sunday 8:00AM
En español
Alegria de Vivir
Hijos Adultos de Alcohólicos
337 E. Leland Rd. Local #333
120 minutes (2 hrs) WSO #502546

7:30 PM ELECTRONIC
Al-Anon Adult Children
Zoom 486 317 852, passcode 145125
90 minutes WSO #49465

8:00 PM BRENTWOOD
Brentwood Friday Night AFG
Community United Methodist Church
809 - 2nd Street ♿
Across from Liberty High School
Enter by side door
1 hour 15 minutes WSO #045996

ALATEEN

Open only to young people who
believe their life is affected by someone
else's drinking

Monday
★ **5:00pm PITTSBURG**
Esperanza de vivir (Alateen).
En español
337 E. Leland Rd. Ste #333A
45 minutes WSO #30521484

Tuesday
4:00pm **DANVILLE**
San Ramon Valley Alateen
Community Presbyterian Church
Student Lounge
222 W El Pintado
1 hour 15 minutes WSO #30868781

ELECTRONIC MEETINGS WORLDWIDE

Attend a meeting from any location using
your computer, tablet, smart phone, or
telephone. Find meetings on many
platforms at:

[al-anon.org/al-anon-
meetings/electronic-meetings/](http://al-anon.org/al-anon-meetings/electronic-meetings/)

DISTRICT 14 BUSINESS MEETING

All Al-Anon/Alateen members welcome

Regular Business Meeting of
Group Representatives and
Service Coordinators

1st Wednesday of Each Month
7:00 – 8:30 PM
John Muir Medical Center
2540 East Street, Concord
Leshor Auditorium
ID required to enter building

Or attend virtually at:
Zoom 847 8809 7364
passcode 326066

SUNDAY

★ **8:00 AM PITTSBURG**
Also Friday at 6:00PM
Alegria de Vivir
Hijos Adultos de Alcohólicos
En español
337 E. Leland Rd. Ste #333A
120 minutes (2 hours) WSO #502546

★ **8:00 AM EL SOBRANTE**
Valor para Cambia
En español
4026 San Pablo Dam Rd.
120 minutes (2 hours) WSO #30837644

4:30 PM WALNUT CREEK
Parents with Alcoholic Children
Mt. Diablo Unitarian Church ♿
55 Eckley Ln.
Children's Chapel or Courtyard
60 minutes WSO #53377

7:00 PM ELECTRONIC
Martinez SOS
Zoom 842 4950 2417
Waiting Room – video encouraged
60 minutes WSO #41289

TUESDAY

10:00 AM WALNUT CREEK
Tuesday Daytime Book Study
Rossmoor Gateway Complex,
1001 Golden Rain Rd.
Multipurpose Rm 1 behind art studio
60 minutes WSO #30810758

12:00 PM WALNUT CREEK
Step, Tradition & Concept Book Study
Hillside Covenant Church
2060 Magnolia Way, Room 3 ♿
Park in the lower parking lot
60 minutes WSO #064373

★ **6:00 PM OAKLEY**
Aprendiendo A Vivir
En español
St. Anthony's Church
971 O'Hara Ave
Estamos abajo de los salones del sótano
de la iglesia
WSO #30837644

★ **6:00 PM CONCORD**
Buscando Esperanza y Serenidad
En español
See website for current location
WSO #503021

7:30 PM ELECTRONIC
Concord Progress Not Perfection
Zoom 498 568 794, passcode 025314
75 minutes WSO #30717290

7:30 PM LAFAYETTE
Lafayette Tuesday Night AFG
Lafayette-Orinda Presbyterian Church
49 Knox Drive
Chapel (through double doors of 1-story
building at right of plaza).
1 hour 15 minutes WSO #51595

THURSDAY

10:30 AM ALAMO
Staying in the Solution
Hybrid
San Ramon Valley Methodist Church
902 Danville Blvd. ♿
Admin. Conf Rm (near office)
And
Zoom 823 3954 1322, passcode 211301
90 minutes WSO #1815

★ **6:00 PM ANTIOCH**
Also Saturday 9:00AM
En español,
Brillo de Esperanza
1215 Sunset Drive
60 minutes WSO #30529342

7:30 PM ELECTRONIC
Benicia SOS - Seeking our Solutions
Zoom 811 9445 2282, passcode 067470
Fifth Thursday is a Speaker Meeting
60 minutes WSO #716

7:30 PM PLEASANT HILL
Step, Tradition, Concept Book Study
Hillcrest Congregational Church
404 Gregory Lane, Room 14
60 minutes WSO #30809894

SATURDAY

8:00 AM ELECTRONIC
Sunrise Serenity
Zoom 845 9720 3943, passcode 386316
90 minutes WSO #30839656

8:00 AM CONCORD
Saturday Sunrise AFG
Step, Tradition & Concepts Study
Children are welcome
John Muir Medical Center ♿
2540 East Street
ID is required to enter building.
Concord 1 Room most Saturdays in 2025.
Meet in the Kunkle Room on 5/10, 5/24,
7/26, 9/20, 10/11/2025.
90 minutes WSO #43510

★ **9:00 AM ANTIOCH**
Also Thursday 6:00PM
En español
Brillo de Esperanza
1215 Sunset Dr
60 minutes WSO # 30529342

★ **9:00 AM PLEASANT HILL**
Nuevos Horizontes
En español
Oak Park Christian Center ♿
2073 Oak Park Blvd.
90 minutes WSO #305130833

11:00 AM DANVILLE
Danville Saturday Morning AFG
Hybrid
Community Presbyterian Church ♿
220 West El Pintado, Room 7
And
Zoom 279 241 750 passcode 075276
90 minutes WSO #26916

12:00 NOON ELECTRONIC
Walnut Creek Come As You Are
Zoom 856 899 035, passcode 057354
1 hour 15 minutes WSO #26494
GEA (Global Electronic Area)

Revised 04/19/2026

This directory is provided to assist Al-Anon/Alateen members in locating meetings and is to be used for no other purpose. Listing in this directory does not constitute approval of any group's manner of practicing the Al-Anon/Alateen program.
If the group you attend is not right for you, please try another. There is help available in Al-Anon/Alateen.