

WEEKLY MEETING SCHEDULE

Revised 04/19/2026

For holiday schedules and recent updates, visit our website al-anoncontracosta.org/meeting-list

AL-ANON Family Groups

Northern California District 14
Eastern and Central Contra Costa County

*Open to all people who believe
their life is, or has been, affected
by someone else's drinking.*

Key

★ = Spanish

AFG: Al-Anon Family Group

♿ Wheelchair accessible

Hybrid: Zoom and in-person meeting
together

WSO: Al-Anon World Service Office

Welcome,
Newcomer!

Newcomers
are welcome at
all groups

District 14 Open Speaker Meeting

Fourth Saturday of every
month at 7:00pm

John Muir Medical Center
1601 Ygnacio Valley Rd.
Walnut Creek

Speakers, refreshments,
fellowship, birthday chips.

For this month's details, visit
[al-anoncontracosta.org/monthly-
speaker-meeting/](http://al-anoncontracosta.org/monthly-speaker-meeting/)

MONDAY

12:00 NOON MARTINEZ
12 Noon Martinez AFG
Church of Christ
1865 Arnold Drive, Room 4 ♿
60 minutes WSO #503831

12:15 PM DISCOVERY BAY
A Little Time for Myself
Delta Presbyterian Church
1900 Willow Lake Road
Fellowship Room inside the church
60 minutes WSO #30557540

★ **6:00 PM PITTSBURG**
Also Wednesday 6:00PM
Fortaleza
En español
337 East Leland Rd., Ste 333A
120 minutes (2 hours) WSO #066778

6:30 PM ELECTRONIC
Men In Steps Toward Recovery (MISTR)
Men's Group
Zoom 440 492 573, passcode 033642
60 minutes WSO #501003

7:00 PM ALAMO
Monday Fireside Book Study
Creekside Community Church ♿
1350 Danville Blvd.
Room 201 at the top of the stairs
60 minutes WSO #503830

7:15 PM WALNUT CREEK
Parents of Alcoholic Children
Hillside Covenant Church ♿
2060 Magnolia Way
Room 3 (back of church)
60 minutes WSO #29601

7:30 PM CONCORD/CLAYTON
Monday Night Concord AFG
St. Bonaventure Church ♿
5562 Clayton Rd
Second building on right, last room #A4
60 minutes WSO #796

WEDNESDAY

9:30 AM WALNUT CREEK
How Al-Anon Works Book Study
Hillside Covenant Church
2060 Magnolia Way, Room 3 & 4
Parking on lower level
WSO #60524

12:00 NOON ELECTRONIC
Brentwood How Al-Anon Works
Book Study:
Zoom 821 0026 2764, passcode 07132020
WSO #501099

12:00 NOON ELECTRONIC
Walnut Creek Wednesday Noon AFG
Zoom 306 045 364, passcode 356172
WSO #1816

★ **6:00 PM PITTSBURG**
Also Monday 6:00PM
Fortaleza
En español
337 East Leland Rd., Ste 333A
120 minutes (2 hrs) , WSO #066778

7:00 PM ANTIOCH
Antioch Wednesday PM AFG
St. John's Lutheran Church
1360 East Tregallas Road
60 minutes, WSO #42382

7:00 PM ELECTRONIC
Wednesday How It Was AFG
Zoom 830 629 852, passcode 832937
60 minutes, WSO #30626159

7:00 PM BRENTWOOD
In-Between the Lines AFG
Community United Methodist Church
809 - 2nd Street
Across from Liberty High School
WSO #30765732

7:45 PM PLEASANT HILL
Pleasant Hill Easy Does It Group
Hillcrest Congregational Church
404 Gregory Lane, Social Hall
75 minutes, WSO #60206

FRIDAY

6:00 AM ELECTRONIC
Friday Morning Book Study
Zoom 813 4788 7627, passcode 914996
60 minutes WSO #30724472

9:30 AM WALNUT CREEK
Way of Life Step and Tradition Study
Hybrid
Hillside Covenant Church ♿
2060 Magnolia Way
Downstairs, Classroom 1
And
Zoom 895 0620 7180
passcode Friday930
75 minutes WSO #52347

★ **6:00 PM PITTSBURG**
Also Sunday 8:00AM
En español
Alegria de Vivir
Hijos Adultos de Alcohólicos
337 E. Leland Rd. Local #333
120 minutes (2 hrs) WSO #502546

7:30 PM ELECTRONIC
Al-Anon Adult Children
Zoom 486 317 852, passcode 145125
90 minutes WSO #49465

8:00 PM BRENTWOOD
Brentwood Friday Night AFG
Community United Methodist Church
809 - 2nd Street ♿
Across from Liberty High School
Enter by side door
1 hour 15 minutes WSO #045996

ALATEEN

*Open only to young people who
believe their life is affected by someone
else's drinking*

Monday

★ **5:00pm PITTSBURG**
Esperanza de vivir (Alateen).
En español
337 E. Leland Rd. Ste #333A
45 minutes WSO #30521484

Tuesday

4:00pm DANVILLE
San Ramon Valley Alateen
Community Presbyterian Church
Student Lounge
222 W El Pintado
1 hour 15 minutes WSO #30868781

ELECTRONIC MEETINGS WORLDWIDE

Attend a meeting from any location using
your computer, tablet, smart phone, or
telephone. Find meetings on many
platforms at:

[al-anon.org/al-anon-
meetings/electronic-meetings/](http://al-anon.org/al-anon-meetings/electronic-meetings/)

DISTRICT 14 BUSINESS MEETING

All Al-Anon/Alateen members welcome

Regular Business Meeting of
Group Representatives and
Service Coordinators

1st Wednesday of Each Month
7:00 – 8:30 PM

John Muir Medical Center
2540 East Street, Concord
Leshner Auditorium
ID required to enter building

Or attend virtually at:
Zoom 847 8809 7364
passcode 326066

SUNDAY

★ 8:00 AM PITTSBURG

Also Friday at 6:00PM

Alegría de Vivir

Hijos Adultos de Alcohólicos

En español

337 E. Leland Rd. Ste #333A

120 minutes (2 hours) WSO #502546

★ 8:00 AM EL SOBRANTE

Valor para Cambia

En español

4026 San Pablo Dam Rd.

120 minutes (2 hours) WSO #30837644

4:30 PM WALNUT CREEK

Parents with Alcoholic Children

Mt. Diablo Unitarian Church ♿

55 Eckley Ln.

Children's Chapel or Courtyard

60 minutes WSO #53377

7:00 PM ELECTRONIC

Martinez SOS

Zoom 842 4950 2417

Waiting Room – video encouraged

60 minutes WSO #41289

TUESDAY

10:00 AM WALNUT CREEK

Tuesday Daytime Book Study

Rossmoor Gateway Complex,

1001 Golden Rain Rd.

Multipurpose Rm 1 behind art studio

60 minutes WSO #30810758

12:00 PM WALNUT CREEK

Step, Tradition & Concept Book Study

Hillside Covenant Church

2060 Magnolia Way, Room 3 ♿

Park in the lower parking lot

60 minutes WSO #064373

★ 6:00 PM OAKLEY

Aprendiendo A Vivir

En español

St. Anthony's Church

971 O'Hara Ave

Estamos abajo de los salones del sótano de la iglesia

WSO #30837644

★ 6:00 PM CONCORD

Buscando Esperanza y Serenidad

En español

See website for current location

WSO #503021

7:30 PM ELECTRONIC

Concord Progress Not Perfection

Zoom 498 568 794, passcode 025314

75 minutes WSO #30717290

7:30 PM LAFAYETTE

Lafayette Tuesday Night AFG

Lafayette-Orinda Presbyterian Church

49 Knox Drive

Chapel (through double doors of 1-story building at right of plaza).

1 hour 15 minutes WSO #51595

THURSDAY

10:30 AM ALAMO

Staying in the Solution

Hybrid

San Ramon Valley Methodist Church

902 Danville Blvd. ♿

Admin. Conf Rm (near office)

And

Zoom 823 3954 1322, passcode 211301

90 minutes WSO #1815

★ 6:00 PM ANTIOCH

Also Saturday 9:00AM

En español,

Brillo de Esperanza

1215 Sunset Drive

60 minutes WSO #30529342

7:30 PM ELECTRONIC

Benicia SOS - Seeking our Solutions

Zoom 811 9445 2282, passcode 067470

Fifth Thursday is a Speaker Meeting

60 minutes WSO #716

7:30 PM PLEASANT HILL

Step, Tradition, Concept Book Study

Hillcrest Congregational Church

404 Gregory Lane, Room 14

60 minutes WSO #30809894

SATURDAY

8:00 AM ELECTRONIC

Sunrise Serenity

Zoom 845 9720 3943, passcode 386316

90 minutes WSO #30839656

8:00 AM CONCORD

Saturday Sunrise AFG

Step, Tradition & Concepts Study

Children are welcome

John Muir Medical Center ♿

2540 East Street

ID is required to enter building.

Concord 1 Room most Saturdays in 2025.

Meet in the Kunkle Room on 5/10, 5/24,

7/26, 9/20, 10/11/2025.

90 minutes WSO #43510

★ 9:00 AM ANTIOCH

Also Thursday 6:00PM

En español

Brillo de Esperanza

1215 Sunset Dr

60 minutes WSO #30529342

★ 9:00 AM PLEASANT HILL

Nuevos Horizontes

En español

Oak Park Christian Center ♿

2073 Oak Park Blvd.

90 minutes WSO #305130833

11:00 AM DANVILLE

Danville Saturday Morning AFG

Hybrid

Community Presbyterian Church ♿

220 West El Pintado, Room 7

And

Zoom 279 241 750 passcode 075276

90 minutes WSO #26916

12:00 NOON ELECTRONIC

Walnut Creek Come As You Are

Zoom 856 899 035, passcode 057354

1 hour 15 minutes WSO #26494

GEA (Global Electronic Area)

UPDATES

Notify us of changes in meeting times or locations by filling the form at:

al-anoncontracosta.org/meeting-updates/

See and print our **most current meeting schedule** at our website:

al-anoncontracosta.org/meeting-list/

QUESTIONS?

Speak to a local Al-Anon member.

Call our Information line
(925) 932-6770

We are an all-volunteer organization. If you leave a message, normally we will get back to you the same day. If we don't, please give us 24 to 48 hours to get back to you.

Revised 04/19/2026

This directory is provided to assist Al-Anon/Alateen members in locating meetings and is to be used for no other purpose. Listing in this directory does not constitute approval of any group's manner of practicing the Al-Anon/Alateen program.

If the group you attend is not right for you, please try another. There is help available in Al-Anon/Alateen.