

# WEEKLY MEETING SCHEDULE

Revised 04/19/2026

For holiday schedules and recent updates, visit our website [al-anoncontracosta.org/meeting-list](http://al-anoncontracosta.org/meeting-list)

## AL-ANON Family Groups

Northern California District 14  
Eastern and Central Contra Costa County

Open to all people who believe  
their life is, or has been, affected  
by someone else's drinking.

### Key

★ = Spanish

AFG: Al-Anon Family Group

♿ Wheelchair accessible

Hybrid: Zoom and in-person meeting  
together

WSO: Al-Anon World Service Office

Welcome,  
Newcomer!

Newcomers  
are welcome at  
all groups

## District 14 Open Speaker Meeting

Fourth Saturday of every  
month at 7:00pm  
John Muir Medical Center  
1601 Ygnacio Valley Rd.  
Walnut Creek

Speakers, refreshments,  
fellowship, birthday chips.  
For this month's details, visit  
[al-anoncontracosta.org/monthly-  
speaker-meeting/](http://al-anoncontracosta.org/monthly-speaker-meeting/)

## MONDAY

**12:00 NOON MARTINEZ**  
12 Noon Martinez AFG  
**Church of Christ**  
1865 Arnold Drive, Room 4 ♿  
60 minutes WSO #503831

**12:15 PM DISCOVERY BAY**  
*A Little Time for Myself*  
**Delta Presbyterian Church**  
1900 Willow Lake Road  
Fellowship Room inside the church  
60 minutes WSO #30557540

★ **6:00 PM PITTSBURG**  
Also Wednesday 6:00PM  
*Fortaleza*  
En español  
**337 East Leland Rd., Ste 333A**  
120 minutes (2 hours) WSO #066778

**6:30 PM ELECTRONIC**  
*Men In Steps Toward Recovery (MISTR)*  
Men's Group  
**Zoom 440 492 573, passcode 033642**  
60 minutes WSO #501003

**7:00 PM ALAMO**  
*Monday Fireside Book Study*  
**Creekside Community Church ♿**  
1350 Danville Blvd.  
Room 201 at the top of the stairs  
60 minutes WSO #503830

**7:15 PM WALNUT CREEK**  
*Parents of Alcoholic Children*  
**Hillside Covenant Church ♿**  
2060 Magnolia Way  
Room 3 (back of church)  
60 minutes WSO #29601

**7:30 PM CONCORD/CLAYTON**  
*Monday Night Concord AFG*  
**St. Bonaventure Church ♿**  
5562 Clayton Rd  
Second building on right, last room #A4  
60 minutes WSO #796

## WEDNESDAY

**9:30 AM WALNUT CREEK**  
*How Al-Anon Works Book Study*  
**Hillside Covenant Church**  
2060 Magnolia Way, Room 3 & 4  
Parking on lower level  
WSO #60524

**12:00 NOON ELECTRONIC**  
*Brentwood How Al-Anon Works*  
Book Study:  
**Zoom 821 0026 2764, passcode 07132020**  
WSO #501099

**12:00 NOON ELECTRONIC**  
Walnut Creek Wednesday Noon AFG  
**Zoom 306 045 364, passcode 356172**  
WSO #1816

★ **6:00 PM PITTSBURG**  
Also Monday 6:00PM  
*Fortaleza*  
En español  
**337 East Leland Rd., Ste 333A**  
120 minutes (2 hrs) , WSO #066778

**7:00 PM ANTIOCH**  
*Antioch Wednesday PM AFG*  
**St. John's Lutheran Church**  
1360 East Tregallas Road  
60 minutes, WSO #42382

**7:00 PM ELECTRONIC**  
*Wednesday How It Was AFG*  
**Zoom 830 629 852, passcode 832937**  
60 minutes, WSO #30626159

**7:00 PM BRENTWOOD**  
*In-Between the Lines AFG*  
**Community United Methodist Church**  
809 - 2nd Street  
Across from Liberty High School  
WSO #30765732

**7:45 PM PLEASANT HILL**  
*Pleasant Hill Easy Does It Group*  
**Hillcrest Congregational Church**  
404 Gregory Lane, Social Hall  
75 minutes, WSO #60206

## FRIDAY

**6:00 AM ELECTRONIC**  
*Friday Morning Book Study*  
**Zoom 813 4788 7627, passcode 914996**  
60 minutes WSO #30724472

**9:30 AM WALNUT CREEK**  
*Way of Life Step and Tradition Study*  
Hybrid  
**Hillside Covenant Church ♿**  
2060 Magnolia Way  
Downstairs, Classroom 1  
And  
**Zoom 895 0620 7180**  
**passcode Friday930**  
75 minutes WSO #52347

★ **6:00 PM PITTSBURG**  
Also Sunday 8:00AM  
En español  
*Alegria de Vivir*  
*Hijos Adultos de Alcohólicos*  
**337 E. Leland Rd. Local #333**  
120 minutes (2 hrs) WSO #502546

**7:30 PM ELECTRONIC**  
*Al-Anon Adult Children*  
**Zoom 486 317 852, passcode 145125**  
90 minutes WSO #49465

**8:00 PM BRENTWOOD**  
*Brentwood Friday Night AFG*  
**Community United Methodist Church**  
809 - 2nd Street ♿  
Across from Liberty High School  
Enter by side door  
1 hour 15 minutes WSO #045996

## ALATEEN

Open only to young people who  
believe their life is affected by someone  
else's drinking

### Monday

★ **5:00pm PITTSBURG**  
*Esperanza de vivir (Alateen).*  
En español  
**337 E. Leland Rd. Ste #333A**  
45 minutes WSO #30521484

### Tuesday

**4:00pm DANVILLE**  
*San Ramon Valley Alateen*  
**Community Presbyterian Church**  
**Student Lounge**  
**222 W El Pintado**  
1 hour 15 minutes WSO #30868781

## ELECTRONIC MEETINGS WORLDWIDE

Attend a meeting from any location using  
your computer, tablet, smart phone, or  
telephone. Find meetings on many  
platforms at:

[al-anon.org/al-anon-  
meetings/electronic-meetings/](http://al-anon.org/al-anon-meetings/electronic-meetings/)

## DISTRICT 14 BUSINESS MEETING

*All Al-Anon/Alateen members welcome*

Regular Business Meeting of  
Group Representatives and  
Service Coordinators  
**1st Wednesday of Each Month**  
**7:00 – 8:30 PM**  
**John Muir Medical Center**  
**2540 East Street, Concord**  
Leshner Auditorium  
ID required to enter building

Or attend virtually at:  
**Zoom 847 8809 7364**  
**passcode 326066**

## SUNDAY

### ★ 8:00 AM PITTSBURG

Also Friday at 6:00PM

*Alegría de Vivir*

*Hijos Adultos de Alcohólicos*

En español

**337 E. Leland Rd. Ste #333A**

120 minutes (2 hours) WSO #502546

### ★ 8:00 AM EL SOBRANTE

*Valor para Cambia*

En español

**4026 San Pablo Dam Rd.**

120 minutes (2 hours) WSO #30837644

### 4:30 PM WALNUT CREEK

*Parents with Alcoholic Children*

**Mt. Diablo Unitarian Church** ♿

**55 Eckley Ln.**

Children's Chapel or Courtyard

60 minutes WSO #53377

### 7:00 PM ELECTRONIC

*Martinez SOS*

**Zoom 842 4950 2417**

Waiting Room – video encouraged

60 minutes WSO #41289

## TUESDAY

### 10:00 AM WALNUT CREEK

*Tuesday Daytime Book Study*

**Rossmoor Gateway Complex,**

**1001 Golden Rain Rd.**

Multipurpose Rm 1 behind art studio

60 minutes WSO #30810758

### 12:00 PM WALNUT CREEK

*Step, Tradition & Concept Book Study*

**Hillside Covenant Church**

**2060 Magnolia Way, Room 3** ♿

Park in the lower parking lot

60 minutes WSO #064373

### ★ 6:00 PM OAKLEY

*Aprendiendo A Vivir*

En español

**St. Anthony's Church**

**971 O'Hara Ave**

*Estamos abajo de los salones del sótano de la iglesia*

WSO #30837644

### ★ 6:00 PM CONCORD

*Buscando Esperanza y Serenidad*

En español

**See website for current location**

WSO #503021

### 7:30 PM ELECTRONIC

*Concord Progress Not Perfection*

**Zoom 498 568 794, passcode 025314**

75 minutes WSO #30717290

### 7:30 PM LAFAYETTE

*Lafayette Tuesday Night AFG*

**Lafayette-Orinda Presbyterian Church**

**49 Knox Drive**

Chapel (through double doors of 1-story building at right of plaza).

1 hour 15 minutes WSO #51595

## THURSDAY

### 10:30 AM ALAMO

*Staying in the Solution*

Hybrid

**San Ramon Valley Methodist Church**

**902 Danville Blvd.** ♿

Admin. Conf Rm (near office)

And

**Zoom 823 3954 1322, passcode 211301**

90 minutes WSO #1815

### ★ 6:00 PM ANTIOCH

Also Saturday 9:00AM

En español,

*Brillo de Esperanza*

**1215 Sunset Drive**

60 minutes WSO #30529342

### 7:30 PM ELECTRONIC

*Benicia SOS - Seeking our Solutions*

**Zoom 811 9445 2282, passcode 067470**

Fifth Thursday is a Speaker Meeting

60 minutes WSO #716

### 7:30 PM PLEASANT HILL

*Step, Tradition, Concept Book Study*

**Hillcrest Congregational Church**

**404 Gregory Lane, Room 14**

60 minutes WSO #30809894

## SATURDAY

### 8:00 AM ELECTRONIC

*Sunrise Serenity*

**Zoom 845 9720 3943, passcode 386316**

90 minutes WSO #30839656

### 8:00 AM CONCORD

*Saturday Sunrise AFG*

Step, Tradition & Concepts Study

Children are welcome

**John Muir Medical Center** ♿

**2540 East Street**

ID is required to enter building.

Concord 1 Room most Saturdays in 2025.

Meet in the Kunkle Room on 5/10, 5/24,

7/26, 9/20, 10/11/2025.

90 minutes WSO #43510

### ★ 9:00 AM ANTIOCH

Also Thursday 6:00PM

En español

*Brillo de Esperanza*

1215 Sunset Dr

60 minutes WSO # 30529342

### ★ 9:00 AM PLEASANT HILL

*Nuevos Horizontes*

En español

**Oak Park Christian Center** ♿

**2073 Oak Park Blvd.**

90 minutes WSO #305130833

### 11:00 AM DANVILLE

*Danville Saturday Morning AFG*

Hybrid

**Community Presbyterian Church** ♿

**220 West El Pintado, Room 7**

And

**Zoom 279 241 750 passcode 075276**

90 minutes WSO #26916

### 12:00 NOON ELECTRONIC

*Walnut Creek Come As You Are*

**Zoom 856 899 035, passcode 057354**

1 hour 15 minutes WSO #26494

GEA (Global Electronic Area)

## UPDATES

Notify us of changes in meeting times or locations by filling the form at:

[al-anoncontracosta.org/meeting-updates/](http://al-anoncontracosta.org/meeting-updates/)

See and print our **most current meeting schedule** at our website:

[al-anoncontracosta.org/meeting-list/](http://al-anoncontracosta.org/meeting-list/)

## QUESTIONS?

Speak to a local Al-Anon member.

Call our Information line  
**(925) 932-6770**

We are an all-volunteer organization. If you leave a message, normally we will get back to you the same day. If we don't, please give us 24 to 48 hours to get back to you.

Revised 04/19/2026

This directory is provided to assist Al-Anon/Alateen members in locating meetings and is to be used for no other purpose. Listing in this directory does not constitute approval of any group's manner of practicing the Al-Anon/Alateen program.

If the group you attend is not right for you, please try another. There is help available in Al-Anon/Alateen.