

# WEEKLY MEETING SCHEDULE

Revised 01/19/2026

For holiday schedules and recent updates, visit our website [al-anoncontracosta.org/meeting-list](http://al-anoncontracosta.org/meeting-list)

## AL-ANON Family Groups

Northern California District 14  
Eastern and Central Contra Costa County

Open to all people who believe their life is, or has been, affected by someone else's drinking.

### Key

★ = Spanish

AFG: Al-Anon Family Group

♿ Wheelchair accessible

Hybrid: Zoom and in-person meeting together

WSO: Al-Anon World Service Office

Welcome,  
Newcomer!

Newcomers are  
welcome at all groups

### District 14

#### Open Speaker Meeting

Fourth Saturday of every month at 7:00pm in-person at John Muir Medical Center 1601 Ygnacio Valley Rd. Walnut Creek  
Speakers, refreshments, fellowship, birthday chips.  
For this month's details and Zoom information, visit [al-anoncontracosta.org/monthly-speaker-meeting/](http://al-anoncontracosta.org/monthly-speaker-meeting/)

## MONDAY

**12:00 NOON MARTINEZ**  
12 Noon Martinez AFG  
Church of Christ  
1865 Arnold Drive, Room 4 ♿  
60 minutes WSO #503831

**12:15 PM DISCOVERY BAY**  
A Little Time for Myself  
Delta Presbyterian Church  
1900 Willow Lake Road  
Fellowship Room inside the church  
60 minutes WSO #30557540

★ **6:00 PM PITTSBURG**  
Also Wednesday 6:00PM  
Fortaleza  
En español  
337 East Leland Rd., Ste 333A  
120 minutes (2 hours) WSO #066778

**6:30 PM ELECTRONIC**  
Men In Steps Toward Recovery (MISTR)  
Men's Group  
Zoom 440 492 573, passcode 033642  
60 minutes WSO #501003

**7:00 PM ALAMO**  
Monday Fireside Book Study  
Creskide Community Church ♿  
1350 Danville Blvd.  
Room 201 at the top of the stairs  
60 minutes WSO #503830

**7:15 PM WALNUT CREEK**  
Parents of Alcoholic Children  
Hillside Covenant Church ♿  
2060 Magnolia Way  
Room 3 (back of church)  
60 minutes WSO #29601

**7:30 PM CONCORD/CLAYTON**  
Monday Night Concord AFG  
St. Bonaventure Church ♿  
5562 Clayton Rd  
Second building on right, last room #A4  
60 minutes WSO #796

## WEDNESDAY

**9:30 AM WALNUT CREEK**  
How Al-Anon Works Book Study  
Hillside Covenant Church  
2060 Magnolia Way, Room 3 & 4  
Parking on lower level  
WSO #60524

**12:00 NOON ELECTRONIC**  
Brentwood How Al-Anon Works  
Book Study:  
Zoom 821 0026 2764, passcode 07132020  
WSO #501099

**12:00 NOON ELECTRONIC**  
Walnut Creek Wednesday Noon AFG  
Zoom 306 045 364, passcode 356172  
WSO #1816

★ **6:00 PM PITTSBURG**  
Also Monday 6:00PM  
Fortaleza  
En español  
337 East Leland Rd., Ste 333A  
120 minutes (2 hrs) , WSO #066778

**7:00 PM ANTIOCH**  
Antioch Wednesday PM AFG  
St. John's Lutheran Church  
1360 East Tregallas Road  
60 minutes, WSO #42382

**7:00 PM ELECTRONIC**  
Wednesday How It Was AFG  
Zoom 830 629 852, passcode 832937  
60 minutes, WSO #30626159

**7:00 PM BRENTWOOD**  
In-Between the Lines AFG  
Community United Methodist Church  
809 - 2nd Street  
Across from Liberty High School  
WSO #30765732

**7:45 PM PLEASANT HILL**  
Pleasant Hill Easy Does It Group  
Hillcrest Congregational Church  
404 Gregory Lane, Social Hall  
75 minutes, WSO #60206

## FRIDAY

**6:00 AM ELECTRONIC**  
Friday Morning Book Study  
Zoom 813 4788 7627, passcode 914996  
60 minutes WSO #30724472

**9:30 AM WALNUT CREEK**  
Way of Life Step and Tradition Study  
Hybrid  
Hillside Covenant Church ♿  
2060 Magnolia Way  
Downstairs, Classroom 1  
And  
Zoom 895 0620 7180  
passcode Friday930  
75 minutes WSO #52347

★ **6:00 PM PITTSBURG**  
Also Sunday 8:00AM  
En español  
Alegria de Vivir  
Hijos Adultos de Alcohólicos  
337 E. Leland Rd. Local #333  
120 minutes (2 hrs) WSO #502546

**7:30 PM ELECTRONIC**  
Al-Anon Adult Children  
Zoom 486 317 852, passcode 145125  
90 minutes WSO #49465

**8:00 PM BRENTWOOD**  
Brentwood Friday Night AFG  
Community United Methodist Church  
809 - 2nd Street ♿  
Across from Liberty High School  
Enter by side door  
1 hour 15 minutes WSO #045996

## SUNDAY

★ **8:00 AM PITTSBURG**  
Also Friday at 6:00PM  
Alegria de Vivir  
Hijos Adultos de Alcohólicos  
En español  
337 E. Leland Rd. Ste #333A  
120 minutes (2 hours) WSO #502546

★ **8:00 AM EL SOBRANTE**  
Valor para Cambia  
En español  
4026 San Pablo Dam Rd.  
120 minutes (2 hours) WSO #30837644

**4:30 PM WALNUT CREEK**  
Parents with Alcoholic Children  
Mt. Diablo Unitarian Church ♿  
55 Eckley Ln.  
Children's Chapel or Courtyard  
60 minutes WSO #53377

**7:00 PM ELECTRONIC**  
Martinez SOS  
Zoom 842 4950 2417  
Waiting Room – video encouraged  
60 minutes WSO #41289

## TUESDAY

**10:00 AM WALNUT CREEK**  
Tuesday Daytime Book Study  
Rossmoor Gateway Complex,  
1001 Golden Rain Rd.  
Multipurpose Rm 1 behind art studio  
60 minutes WSO #30810758

**12:00 PM WALNUT CREEK**  
Step, Tradition & Concept Book Study  
Hillside Covenant Church  
2060 Magnolia Way, Room 3 ♿  
Park in the lower parking lot  
60 minutes WSO #064373

★ **6:00 PM OAKLEY**  
Aprendiendo A Vivir  
En español  
St. Anthony's Church  
971 O'Hara Ave  
Estamos abajo de los salones del sótano de la iglesia  
WSO #30837644

★ **6:00 PM CONCORD**  
Buscando Esperanza y Serenidad  
En español  
See website for current location  
WSO #503021

**7:30 PM ELECTRONIC**  
Concord Progress Not Perfection  
Zoom 498 568 794, passcode 025314  
75 minutes WSO #30717290

**7:30 PM LAFAYETTE**  
Lafayette Tuesday Night AFG  
Lafayette-Orinda Presbyterian Church  
49 Knox Drive  
Chapel (through double doors of 1-story building at right of plaza).  
1 hour 15 minutes WSO #51595

## THURSDAY

**10:30 AM ALAMO**  
Staying in the Solution  
Hybrid  
San Ramon Valley Methodist Church  
902 Danville Blvd. ♿  
Admin. Conf Rm (near office)  
And  
Zoom 823 3954 1322, passcode 211301  
90 minutes WSO #1815

★ **6:00 PM ANTIOCH**  
Also Saturday 9:00AM  
En español,  
Brillo de Esperanza  
1215 Sunset Drive  
60 minutes WSO #30529342

**7:30 PM ELECTRONIC**  
Benicia SOS - Seeking our Solutions  
Zoom 811 9445 2282, passcode 067470  
Fifth Thursday is a Speaker Meeting  
60 minutes WSO #716

**7:30 PM PLEASANT HILL**  
Step, Tradition, Concept Book Study  
Hillcrest Congregational Church  
404 Gregory Lane, Room 14  
60 minutes WSO #30809894

## SATURDAY

**8:00 AM ELECTRONIC**  
Sunrise Serenity  
Zoom 845 9720 3943, passcode 386316  
90 minutes WSO #30839656

**8:00 AM CONCORD**  
Saturday Sunrise AFG  
Step, Tradition & Concepts Study  
Children are welcome  
John Muir Medical Center ♿  
2540 East Street  
ID is required to enter building.  
Concord 1 Room most Saturdays in 2025.  
Meet in the Kunkle Room on 5/10, 5/24, 7/26, 9/20, 10/11/2025.  
90 minutes WSO #43510

★ **9:00 AM ANTIOCH**  
Also Thursday 6:00PM  
En español  
Brillo de Esperanza  
1215 Sunset Dr  
60 minutes WSO # 30529342

★ **9:00 AM PLEASANT HILL**  
Nuevos Horizontes  
En español  
Oak Park Christian Center ♿  
2073 Oak Park Blvd.  
90 minutes WSO #305130833

**11:00 AM DANVILLE**  
Danville Saturday Morning AFG  
Hybrid  
Community Presbyterian Church ♿  
220 West El Pintado, Room 7  
And  
Zoom 279 241 750 passcode 075276  
90 minutes WSO #26916

**12:00 NOON ELECTRONIC**  
Walnut Creek Come As You Are  
Zoom 856 899 035, passcode 057354  
1 hour 15 minutes WSO #26494  
GEA (Global Electronic Area)

## ALATEEN

Open only to young people who believe their life is affected by someone else's drinking

**Monday**  
★ **5:00pm PITTSBURG**  
Esperanza de vivir (Alateen).  
En español  
337 E. Leland Rd. Ste #333A  
45 minutes WSO #30521484

**Tuesday**  
**4:00pm DANVILLE**  
San Ramon Valley Alateen  
Community Presbyterian Church  
222 W El Pintado  
In the Student Lounge  
1 hour 15 minutes WSO #30868781

## ELECTRONIC MEETINGS WORLDWIDE

Attend a meeting from any location using your computer, tablet, smart phone, or telephone. Find meetings on many platforms at:

[al-anon.org/al-anon-meetings/electronic-meetings/](http://al-anon.org/al-anon-meetings/electronic-meetings/)

## DISTRICT 14 BUSINESS MEETING

All Al-Anon/Alateen members welcome

Regular Business Meeting of Group Representatives and Service Coordinators  
**1st Wednesday of Each Month**  
**7:00 – 8:30 PM**  
John Muir Medical Center  
2540 East Street, Concord  
Leshor Auditorium  
ID required to enter building

Or attend virtually at:  
Zoom 847 8809 7364  
passcode 326066

## UPDATES

Notify us of changes in meeting times or locations by filling the form at:

[al-anoncontracosta.org/meeting-updates/](http://al-anoncontracosta.org/meeting-updates/)

See and print our **most current meeting schedule** at:

[al-anoncontracosta.org/meeting-list/](http://al-anoncontracosta.org/meeting-list/)

## QUESTIONS?

Speak to a local Al-Anon member

Call our Information Line  
**(925) 932-6770**

We are an all-volunteer organization. If you leave a message, normally we will get back to you the same day. If we don't, please give us 24 to 48 hours to get back to you.

Revised 01/19/2026