

WEEKLY MEETING SCHEDULE

Revised 01/19/2026

For holiday schedules and recent updates, visit our website al-anoncontracosta.org/meeting-list

AL-ANON Family Groups

Northern California District 14
Eastern and Central Contra Costa County

Open to all people who believe
their life is, or has been, affected
by someone else's drinking.

Key

★ = Spanish

AFG: Al-Anon Family Group

♿ Wheelchair accessible

Hybrid: Zoom and in-person meeting
together

WSO: Al-Anon World Service Office

Welcome,
Newcomer!

Newcomers are
welcome at all groups

District 14 Open Speaker Meeting

Fourth Saturday of every
month at 7:00pm in-person at
John Muir Medical Center
1601 Ygnacio Valley Rd.
Walnut Creek

Speakers, refreshments,
fellowship, birthday chips.
For this month's details and
Zoom information, visit
[al-anoncontracosta.org/monthly-
speaker-meeting/](http://al-anoncontracosta.org/monthly-speaker-meeting/)

MONDAY

12:00 NOON MARTINEZ
12 Noon Martinez AFG
Church of Christ
1865 Arnold Drive, Room 4 ♿
60 minutes WSO #503831

12:15 PM DISCOVERY BAY
A Little Time for Myself
Delta Presbyterian Church
1900 Willow Lake Road
Fellowship Room inside the church
60 minutes WSO #30557540

★ **6:00 PM PITTSBURG**
Also Wednesday 6:00PM
Fortaleza
En español
337 East Leland Rd., Ste 333A
120 minutes (2 hours) WSO #066778

6:30 PM ELECTRONIC
Men In Steps Toward Recovery (MISTR)
Men's Group
Zoom 440 492 573, passcode 033642
60 minutes WSO #501003

7:00 PM ALAMO
Monday Fireside Book Study
Creekside Community Church ♿
1350 Danville Blvd.
Room 201 at the top of the stairs
60 minutes WSO #503830

7:15 PM WALNUT CREEK
Parents of Alcoholic Children
Hillside Covenant Church ♿
2060 Magnolia Way
Room 3 (back of church)
60 minutes WSO #29601

7:30 PM CONCORD/CLAYTON
Monday Night Concord AFG
St. Bonaventure Church ♿
5562 Clayton Rd
Second building on right, last room #A4
60 minutes WSO #796

WEDNESDAY

9:30 AM WALNUT CREEK
How Al-Anon Works Book Study
Hillside Covenant Church
2060 Magnolia Way, Room 3 & 4
Parking on lower level
WSO #60524

12:00 NOON ELECTRONIC
Brentwood How Al-Anon Works
Book Study:
Zoom 821 0026 2764, passcode 07132020
WSO #501099

12:00 NOON ELECTRONIC
Walnut Creek Wednesday Noon AFG
Zoom 306 045 364, passcode 356172
WSO #1816

★ **6:00 PM PITTSBURG**
Also Monday 6:00PM
Fortaleza
En español
337 East Leland Rd., Ste 333A
120 minutes (2 hrs) , WSO #066778

7:00 PM ANTIOCH
Antioch Wednesday PM AFG
St. John's Lutheran Church
1360 East Tregallas Road
60 minutes, WSO #42382

7:00 PM ELECTRONIC
Wednesday How It Was AFG
Zoom 830 629 852, passcode 832937
60 minutes, WSO #30626159

7:00 PM BRENTWOOD
In-Between the Lines AFG
Community United Methodist Church
809 - 2nd Street
Across from Liberty High School
WSO #30765732

7:45 PM PLEASANT HILL
Pleasant Hill Easy Does It Group
Hillcrest Congregational Church
404 Gregory Lane, Social Hall
75 minutes, WSO #60206

FRIDAY

6:00 AM ELECTRONIC
Friday Morning Book Study
Zoom 813 4788 7627, passcode 914996
60 minutes WSO #30724472

9:30 AM WALNUT CREEK
Way of Life Step and Tradition Study
Hybrid
Hillside Covenant Church ♿
2060 Magnolia Way
Downstairs, Classroom 1
And
Zoom 895 0620 7180
passcode Friday930
75 minutes WSO #52347

★ **6:00 PM PITTSBURG**
Also Sunday 8:00AM
En español
Alegria de Vivir
Hijos Adultos de Alcohólicos
337 E. Leland Rd. Local #333
120 minutes (2 hrs) WSO #502546

7:30 PM ELECTRONIC
Al-Anon Adult Children
Zoom 486 317 852, passcode 145125
90 minutes WSO #49465

8:00 PM BRENTWOOD
Brentwood Friday Night AFG
Community United Methodist Church
809 - 2nd Street ♿
Across from Liberty High School
Enter by side door
1 hour 15 minutes WSO #045996

ALATEEN

Open only to young people who
believe their life is affected by someone
else's drinking

Monday

★ **5:00pm PITTSBURG**
Esperanza de vivir (Alateen).
En español
337 E. Leland Rd. Ste #333A
45 minutes WSO #30521484

Tuesday

4:00pm DANVILLE
San Ramon Valley Alateen
Community Presbyterian Church
222 W El Pintado
In the Student Lounge
1 hour 15 minutes WSO #30868781

ELECTRONIC MEETINGS WORLDWIDE

Attend a meeting from any location using
your computer, tablet, smart phone, or
telephone. Find meetings on many
platforms at:

[al-anon.org/al-anon-
meetings/electronic-meetings/](http://al-anon.org/al-anon-meetings/electronic-meetings/)

DISTRICT 14 BUSINESS MEETING

All Al-Anon/Alateen members welcome

Regular Business Meeting of
Group Representatives and
Service Coordinators
1st Wednesday of Each Month
7:00 – 8:30 PM
John Muir Medical Center
2540 East Street, Concord
Leshler Auditorium
ID required to enter building

Or attend virtually at:
Zoom 847 8809 7364
passcode 326066

SUNDAY

★ 8:00 AM PITTSBURG

Also Friday at 6:00PM

Alegría de Vivir

Hijos Adultos de Alcohólicos

En español

337 E. Leland Rd. Ste #333A

120 minutes (2 hours) WSO #502546

★ 8:00 AM EL SOBRANTE

Valor para Cambia

En español

4026 San Pablo Dam Rd.

120 minutes (2 hours) WSO #30837644

4:30 PM WALNUT CREEK

Parents with Alcoholic Children

Mt. Diablo Unitarian Church ♿

55 Eckley Ln.

Children's Chapel or Courtyard

60 minutes WSO #53377

7:00 PM ELECTRONIC

Martinez SOS

Zoom 842 4950 2417

Waiting Room – video encouraged

60 minutes WSO #41289

TUESDAY

10:00 AM WALNUT CREEK

Tuesday Daytime Book Study

Rossmoor Gateway Complex,

1001 Golden Rain Rd.

Multipurpose Rm 1 behind art studio

60 minutes WSO #30810758

12:00 PM WALNUT CREEK

Step, Tradition & Concept Book Study

Hillside Covenant Church

2060 Magnolia Way, Room 3 ♿

Park in the lower parking lot

60 minutes WSO #064373

★ 6:00 PM OAKLEY

Aprendiendo A Vivir

En español

St. Anthony's Church

971 O'Hara Ave

Estamos abajo de los salones del sótano de la iglesia

WSO #30837644

★ 6:00 PM CONCORD

Buscando Esperanza y Serenidad

En español

See website for current location

WSO #503021

7:30 PM ELECTRONIC

Concord Progress Not Perfection

Zoom 498 568 794, passcode 025314

75 minutes WSO #30717290

7:30 PM LAFAYETTE

Lafayette Tuesday Night AFG

Lafayette-Orinda Presbyterian Church

49 Knox Drive

Chapel (through double doors of 1-story building at right of plaza).

1 hour 15 minutes WSO #51595

THURSDAY

10:30 AM ALAMO

Staying in the Solution

Hybrid

San Ramon Valley Methodist Church

902 Danville Blvd. ♿

Admin. Conf Rm (near office)

And

Zoom 823 3954 1322, passcode 211301

90 minutes WSO #1815

★ 6:00 PM ANTIOCH

Also Saturday 9:00AM

En español,

Brillo de Esperanza

1215 Sunset Drive

60 minutes WSO #30529342

7:30 PM ELECTRONIC

Benicia SOS - Seeking our Solutions

Zoom 811 9445 2282, passcode 067470

Fifth Thursday is a Speaker Meeting

60 minutes WSO #716

7:30 PM PLEASANT HILL

Step, Tradition, Concept Book Study

Hillcrest Congregational Church

404 Gregory Lane, Room 14

60 minutes WSO #30809894

SATURDAY

8:00 AM ELECTRONIC

Sunrise Serenity

Zoom 845 9720 3943, passcode 386316

90 minutes WSO #30839656

8:00 AM CONCORD

Saturday Sunrise AFG

Step, Tradition & Concepts Study

Children are welcome

John Muir Medical Center ♿

2540 East Street

ID is required to enter building.

Concord 1 Room most Saturdays in 2025.

Meet in the Kunkle Room on 5/10, 5/24,

7/26, 9/20, 10/11/2025.

90 minutes WSO #43510

★ 9:00 AM ANTIOCH

Also Thursday 6:00PM

En español

Brillo de Esperanza

1215 Sunset Dr

60 minutes WSO # 30529342

★ 9:00 AM PLEASANT HILL

Nuevos Horizontes

En español

Oak Park Christian Center ♿

2073 Oak Park Blvd.

90 minutes WSO #305130833

11:00 AM DANVILLE

Danville Saturday Morning AFG

Hybrid

Community Presbyterian Church ♿

220 West El Pintado, Room 7

And

Zoom 279 241 750 passcode 075276

90 minutes WSO #26916

12:00 NOON ELECTRONIC

Walnut Creek Come As You Are

Zoom 856 899 035, passcode 057354

1 hour 15 minutes WSO #26494

GEA (Global Electronic Area)

UPDATES

Notify us of changes in meeting times or locations by filling the form at:

al-anoncontracosta.org/meeting-updates/

See and print our **most current meeting schedule** at:

al-anoncontracosta.org/meeting-list/

QUESTIONS?

Speak to a local Al-Anon member

Call our Information Line

(925) 932-6770

We are an all-volunteer organization. If you leave a message, normally we will get back to you the same day. If we don't, please give us 24 to 48 hours to get back to you.

Revised 01/19/2026

This directory is provided to assist Al-Anon/Alateen members in locating meetings and is to be used for no other purpose. Listing in this directory does not constitute approval of any group's manner of practicing the Al-Anon/Alateen program.

If the group you attend is not right for you, please try another. There is help available in Al-Anon/Alateen.