

# WEEKLY MEETING SCHEDULE

Revised 5/15/2025

For holiday schedules and recent updates, visit our website [al-anoncontracosta.org/meeting-list](http://al-anoncontracosta.org/meeting-list)

## AL-ANON Family Groups

Northern California District 14  
Eastern and Central Contra Costa County

*Open to all people who believe  
their life is, or has been, affected  
by someone else's drinking.*

### Key

★ = Spanish

AFG: Al-Anon Family Group

♿ Wheelchair accessible

Hybrid: Zoom and in-person meeting  
together

WSO: Al-Anon World Service Office

Welcome,  
Newcomer!

Newcomers  
are welcome at  
all groups

## District 14 Open Speaker Meeting

Fourth Saturday of every  
month at 7:00pm  
John Muir Medical Center  
1601 Ygnacio Valley Rd.  
Walnut Creek

Speakers, refreshments,  
fellowship, birthday chips.  
For this month's details, visit  
[al-anoncontracosta.org/monthly-  
speaker-meeting/](http://al-anoncontracosta.org/monthly-speaker-meeting/)

## MONDAY

**12:00 NOON MARTINEZ**  
12 Noon Martinez AFG  
Church of Christ  
1865 Arnold Drive, Room 4 ♿  
60 minutes WSO #503831

**12:15 PM DISCOVERY BAY**  
A Little Time for Myself  
Delta Presbyterian Church  
1900 Willow Lake Road  
Fellowship Room inside the church  
60 minutes WSO #30557540

★ **6:00 PM PITTSBURG**  
Also Wednesday 6:00PM  
Fortaleza  
En español  
337 East Leland Rd., Ste 333A  
120 minutes (2 hours) WSO #066778

**6:30 PM ELECTRONIC**  
Men In Steps Toward Recovery (MISTR)  
Men's Group  
Zoom 440 492 573, passcode 033642  
60 minutes WSO #501003

**7:00 PM ALAMO**  
Monday Fireside Book Study  
Creekside Community Church ♿  
1350 Danville Blvd.  
Room 201 at the top of the stairs  
60 minutes WSO #503830

**7:15 PM WALNUT CREEK**  
Parents of Alcoholic Children  
Hillside Covenant Church ♿  
2060 Magnolia Way  
Room 3 (back of church)  
60 minutes WSO #29601

**7:30 PM CONCORD/CLAYTON**  
Monday Night Concord AFG  
St. Bonaventure Church ♿  
5562 Clayton Rd  
Second building on right, last room #A4  
60 minutes WSO #796

## WEDNESDAY

**9:30 AM WALNUT CREEK**  
How Al-Anon Works Book Study  
Hillside Covenant Church  
2060 Magnolia Way, Room 3 & 4  
Parking on lower level  
WSO #60524

**12:00 NOON ELECTRONIC**  
Brentwood How Al-Anon Works  
Book Study:  
Zoom 821 0026 2764, passcode 07132020  
WSO #501099

**12:00 NOON ELECTRONIC**  
Walnut Creek Wednesday Noon AFG  
Zoom 306 045 364, passcode 356172  
WSO #1816

★ **6:00 PM PITTSBURG**  
Also Monday 6:00PM  
Fortaleza  
En español  
337 East Leland Rd., Ste 333A  
120 minutes (2 hrs) , WSO #066778

**7:00 PM ANTIOCH**  
Antioch Wednesday PM AFG  
St. John's Lutheran Church  
1360 East Tregallas Road  
60 minutes, WSO #42382

**7:00 PM ELECTRONIC**  
Wednesday How It Was AFG  
Zoom 830 629 852, passcode 832937  
60 minutes, WSO #30626159

**7:00 PM BRENTWOOD**  
In-Between the Lines AFG  
Community United Methodist Church  
809 - 2nd Street  
Across from Liberty High School  
WSO #30765732

**7:45 PM PLEASANT HILL**  
Pleasant Hill Easy Does It Group  
Hillcrest Congregational Church  
404 Gregory Lane, Social Hall  
75 minutes, WSO #60206

## FRIDAY

**6:00 AM ELECTRONIC**  
Friday Morning Book Study  
Zoom 813 4788 7627, passcode 914996  
60 minutes WSO #30724472

**9:30 AM WALNUT CREEK**  
Way of Life Step and Tradition Study  
Hybrid  
Hillside Covenant Church ♿  
2060 Magnolia Way  
Downstairs, Classroom 1  
And  
Zoom 895 0620 7180  
passcode Friday930  
75 minutes WSO #52347

★ **6:00 PM PITTSBURG**  
Also Sunday 8:00AM  
En español  
Alegria de Vivir  
Hijos Adultos de Alcohólicos  
337 E. Leland Rd. Local #333  
120 minutes (2 hrs) WSO #502546

**7:30 PM ELECTRONIC**  
Al-Anon Adult Children  
Zoom 486 317 852, passcode 145125  
90 minutes WSO #49465

**8:00 PM BRENTWOOD**  
Brentwood Friday Night AFG  
Community United Methodist Church  
809 - 2nd Street ♿  
Across from Liberty High School  
Enter by side door  
1 hour 15 minutes WSO #045996

## ALATEEN

*Open only to young people who believe  
their life is affected by someone else's  
drinking. For more information:  
(925) 858-7698*

### Monday

★ **5:00pm PITTSBURG**  
Esperanza de vivir (Alateen).  
En español  
337 E. Leland Rd. Ste #333A  
45 minutes WSO #30521484

### Thursday

**7:30 PM PLEASANT HILL Thursday**  
Alateen  
Hillcrest Congregational Church  
404 Gregory Lane, Rm 15  
Al-Anon meeting in Rm 14 at same time  
60 minutes WSO #65695

## District 14 Business Meeting

*All Al-Anon/Alateen members are welcome*

Regular Business Meeting of  
Al-Anon Group Representatives  
and Service Coordinators.

**1st Wednesday of Each Month**  
**7:00 – 8:30 PM**

Hybrid

**John Muir Medical Center**  
**2540 East Street, Concord**

Leshner Auditorium

ID required to enter building

And

**Zoom 814 0402 7808, passcode D14**

## SUNDAY

### ★ 8:00 AM PITTSBURG

Also Friday at 6:00PM

*Alegría de Vivir*

*Hijos Adultos de Alcohólicos*

En español

**337 E. Leland Rd. Ste #333A**

120 minutes (2 hours) WSO #502546

### ★ 8:00 AM EL SOBRANTE

*Valor para Cambia*

En español

**4026 San Pablo Dam Rd.**

120 minutes (2 hours) WSO #30837644

### 4:30 PM WALNUT CREEK

*Parents with Alcoholic Children*

**Mt. Diablo Unitarian Church** ♿

**55 Eckley Ln.**

Children's Chapel or Courtyard

60 minutes WSO #53377

### 7:00 PM ELECTRONIC

*Martinez SOS*

**Zoom 842 4950 2417**

Waiting Room – video encouraged

60 minutes WSO #41289

## TUESDAY

### 10:00 AM WALNUT CREEK

*Tuesday Daytime Book Study*

**Rossmoor Gateway Complex,**

**1001 Golden Rain Rd.**

Multipurpose Rm 1 behind art studio

60 minutes WSO #30810758

### 12:00 PM WALNUT CREEK

*Step, Tradition & Concept Book Study*

**Hillside Covenant Church**

**2060 Magnolia Way, Room 3** ♿

Park in the lower parking lot

60 minutes WSO #064373

### ★ 6:00 PM OAKLEY

*Aprendiendo A Vivir*

En español

**St. Anthony's Church**

**971 O'Hara Ave**

*Estamos abajo de los salones del sótano de la iglesia*

WSO #30837644

### ★ 6:00 PM CONCORD

*Buscando Esperanza y Serenidad*

En español

**Bethel Baptist Church** ♿

**3578 Clayton Rd.**

Bldg. B, corner of Babel St.

2 hours WSO #503021

### 7:30 PM ELECTRONIC

*Concord Progress Not Perfection*

**Zoom 498 568 794, passcode 025314**

75 minutes WSO #30717290

### 7:30 PM LAFAYETTE

*Lafayette Tuesday Night AFG*

**Lafayette-Orinda Presbyterian Church**

**49 Knox Drive**

Chapel (through double doors of 1-story building at right of plaza).

1 hour 15 minutes WSO #51595

## THURSDAY

### 10:30 AM ALAMO

*Staying in the Solution*

Hybrid

**San Ramon Valley Methodist Church**

**902 Danville Blvd.** ♿

Admin. Conf Rm (near office)

And

**Zoom 823 3954 1322, passcode 211301**

90 minutes WSO #1815

### ★ 6:00 PM ANTIOCH

Also Saturday 9:00AM

En español,

*Brillo de Esperanza*

**1215 Sunset Drive**

60 minutes WSO #30529342

### 7:30 PM ELECTRONIC

*Benicia SOS - Seeking our Solutions*

**Zoom 811 9445 2282, passcode 067470**

Fifth Thursday is a Speaker Meeting

60 minutes WSO #716

### 7:30 PM PLEASANT HILL

*Step, Tradition, Concept Book Study*

**Hillcrest Congregational Church**

**404 Gregory Lane, Room 14**

60 minutes WSO #30809894

\*\*\**Alateen at same time, Rm 15*\*\*\*

## SATURDAY

### 8:00 AM ELECTRONIC

*Sunrise Serenity*

**Zoom 845 9720 3943, passcode 386316**

90 minutes WSO #30839656

### 8:00 AM CONCORD

*Saturday Sunrise AFG*

Step, Tradition & Concepts Study

Children are welcome

**John Muir Medical Center** ♿

**2540 East Street**

ID is required to enter building.

Concord 1 Room most Saturdays in 2025.

Meet in the Kunkle Room on 5/10, 5/24, 7/26, 9/20, 10/11/2025.

90 minutes WSO #43510

### ★ 9:00 AM ANTIOCH

Also Thursday 6:00PM

En español

*Brillo de Esperanza*

1215 Sunset Dr

60 minutes WSO # 30529342

### ★ 9:00 AM PLEASANT HILL

*Nuevos Horizontes*

En español

**Oak Park Christian Center** ♿

**2073 Oak Park Blvd.**

90 minutes WSO #305130833

### 11:00 AM DANVILLE

*Danville Saturday Morning AFG*

Hybrid

**Community Presbyterian Church** ♿

**220 West El Pintado, Room 7**

And

**Zoom 279 241 750 passcode 075276**

90 minutes WSO #26916

### 12:00 NOON ELECTRONIC

*Walnut Creek Come As You Are*

**Zoom 856 899 035, passcode 057354**

1 hour 15 minutes WSO #26494

GEA (Global Electronic Area)

## ELECTRONIC AND TELEPHONE MEETINGS WORLDWIDE

Attend a meeting from any location using your computer, tablet, smart phone, or telephone. Find meetings on many platforms at:

[al-anon.org/al-anon-meetings/electronic-meetings/](http://al-anon.org/al-anon-meetings/electronic-meetings/)

## UPDATES

Notify us of changes in meeting times or locations by filling the online form at:

[al-anoncontracosta.org/meeting-updates/](http://al-anoncontracosta.org/meeting-updates/)

See and print our **most current meeting schedule** at our website:

[al-anoncontracosta.org/meeting-list/](http://al-anoncontracosta.org/meeting-list/)

## QUESTIONS?

Speak to a local Al-Anon member.

Call our Information line

**(925) 932-6770**

We are an all-volunteer organization. If you leave a message, normally we will get back to you the same day. If we don't, please give us 24 to 48 hours to get back to you.

Revised:5/15/2025

This directory is provided to assist Al-Anon/Alateen members in locating meetings and is to be used for no other purpose. Listing in this directory does not constitute approval of any group's manner of practicing the Al-Anon/Alateen program. If the group you attend is not right for you, please try another. There is help available in Al-Anon/Alateen.