

WEEKLY MEETING SCHEDULE

Revised 2/21/2025

For holiday schedules and recent updates, visit our website al-anoncontracosta.org/meeting-list

AL-ANON Family Groups

Northern California District 14
Eastern and Central Contra Costa County

Open to all people who believe
their life is, or has been, affected
by someone else's drinking.

Key

★ = Spanish

AFG = Al-Anon Family Group

♿ = Handicap accessible

Hybrid = Zoom and in-person meeting
together

Welcome,
Newcomer!

Newcomers
are welcome at
all groups

District 14

Open Speaker Meeting

For current information
on this monthly event of
recovery and fellowship, visit
our website

al-anoncontracosta.org/monthly-speaker-meeting/

MONDAY

12:00 NOON MARTINEZ #503831
12 Noon Martinez AFG
Church of Christ
1865 Arnold Drive, Room 4 ♿
60 minutes

12:15 PM DISCOVERY BAY #30557540
A Little Time for Myself
Delta Presbyterian Church
1900 Willow Lake Road
Fellowship Room inside the church
60 minutes

★ **6:00 PM PITTSBURG** #066778
Also Wednesday 6:00PM
Fortaleza
en Español, in Spanish
337 East Leland Rd., Ste 333A
120 minutes (2 hours)

6:30 PM ELECTRONIC #501003
Men In Steps Toward Recovery
(MISTR) (Men's Group)
Zoom 440 492 573, passcode 033642
60 minutes

7:00 PM ALAMO #503830
Monday Fireside Book Study
Creekside Community Church ♿
1350 Danville Blvd.
Room 201 at the top of the stairs
60 minutes

7:15 PM WALNUT CREEK #29601
Parents of Alcoholic Children
Hillside Covenant Church ♿
2060 Magnolia Way
Room 3 (back of church)
60 minutes

7:30 PM CONCORD/CLAYTON #796
Monday Night Concord AFG
St. Bonaventure Church ♿
5562 Clayton Rd
Second building on right, last room #A4
60 minutes

WEDNESDAY

9:30 AM WALNUT CREEK #60524
How Al-Anon Works Book Study
Hillside Covenant Church
2060 Magnolia Way, Room 3 & 4
Parking on lower level

12:00 NOON ELECTRONIC #501099
Brentwood How Al-Anon Works
Book Study:
Zoom 821 0026 2764, passcode 07132020

12:00 NOON ELECTRONIC #1816
Walnut Creek Wednesday Noon AFG
Zoom 306 045 364, passcode 356172

★ **6:00 PM PITTSBURG** #066778
Also Monday 6:00PM
Fortaleza
en Español, In Spanish
337 East Leland Rd., Ste 333A
120 minutes (2 hrs)

7:00 PM ANTIOCH #42382
Antioch Wednesday PM AFG
St. John's Lutheran Church
1360 East Tregallas Road
60 minutes

7:00 PM ELECTRONIC #30626159
Wednesday How It Was AFG
Zoom 830 629 852, passcode 832937
60 minutes

7:00 PM BRENTWOOD #30765732
In-Between the Lines AFG
Community United Methodist Church
809 - 2nd Street
(Across from Liberty High School)

7:45 PM PLEASANT HILL #60206
Pleasant Hill Easy Does It Group
Hillcrest Congregational Church
404 Gregory Lane, Social Hall
75 minutes

FRIDAY

6:00 AM ELECTRONIC #30724472
Friday Morning Book Study
Zoom 813 4788 7627, passcode 914996
60 minutes

9:30 AM WALNUT CREEK #52347
Way of Life Step and Tradition Study
Hybrid
Hillside Covenant Church ♿
2060 Magnolia Way
Downstairs, Classroom 1
And
Zoom 895 0620 7180
passcode Friday930
75 minutes

★ **6:00 PM PITTSBURG** #502546
Also Sunday 8:00AM
en Español, In Spanish
Alegria de Vivir
Hijos Adultos de Alcohólicos
Adult Children of Alcoholics
337 E. Leland Rd. Local #333
120 minutes (2 hrs)

7:30 PM ELECTRONIC #49465
Al-Anon Adult Children
Zoom 486 317 852, passcode 145125
90 minutes

8:00 PM BRENTWOOD #045996
Brentwood Friday Night AFG
Community United Methodist Church
809 - 2nd Street ♿
Across from Liberty High School
Enter by side door
1 hour 15 minutes

ALATEEN

Open only to young people who believe
their life is affected by someone else's
drinking. For more information:
(925) 858-7698

Monday

★ **5:00pm PITTSBURG** #30521484
Esperanza de vivir (Alateen).
en Español, in Spanish
337 E. Leland Rd. Ste #333A
45 minutes

Thursday

7:30 PM PLEASANT HILL #65695
Thursday Alateen
Hillcrest Congregational Church
404 Gregory Lane
Rm 15 60 minutes
(Al-Anon in Rm 14 at same time)

District 14 Business Meeting

All Al-Anon/Alateen members are welcome

Regular Business Meeting of
Al-Anon Group Representatives
and Service Coordinators.

1st Wednesday of Each Month

7:30 -9:00 PM

Hybrid

John Muir Medical Center, Concord

2540 East Street

Leshner Auditorium

ID required to enter building

And

Zoom 814 0402 7808, passcode D14

SUNDAY

★ **8:00 AM PITTSBURG** #502546
Also Friday at 6:00PM
en Español, in Spanish
Alegría de Vivir
Hijos Adultos de Alcohólicos
Adult Children of Alcoholics
337 E. Leland Rd. Ste #333A
120 minutes (2 hrs)

★ **8:00 AM EL SOBRANTE** #30837644
en Español, in Spanish
Valor para Cambiar
4026 San Pablo Dam Rd.
120 minutes (2 hrs)

4:30 PM WALNUT CREEK #53377
Parents with Alcoholic Children
Mt. Diablo Unitarian Church ♿
55 Eckley Ln.
Children's Chapel or Courtyard
60 minutes

7:00 PM ELECTRONIC #41289
Martinez SOS
Zoom 842 4950 2417
Waiting Room – video encouraged
60 minutes

TUESDAY

10:00 AM WALNUT CREEK #30810758
Tuesday Daytime Book Study
Rossmoor Gateway Complex,
1001 Golden Rain Rd. Multipurpose Rm 1.
Small rooms behind art studio
60 minutes

12:00 PM WALNUT CREEK #064373
Step, Tradition & Concept Book Study
Hillside Covenant Church
2060 Magnolia Way, Room 3 ♿
Park in lower parking lot
60 minutes

★ **6:00 PM OAKLEY** #30837644
en Español, in Spanish,
Aprendiendo A Vivir
St. Anthony's Church
971 O'Hara Ave
Estamos abajo del los salones del sótano
de la iglesia

★ **6:00 PM CONCORD** #503021
en Español, in Spanish
Buscando Esperanza y Serenidad
Bethel Baptist Church ♿
3578 Clayton Rd.
Bldg. B, corner of Babel St.
2 hours

7:30 PM ELECTRONIC #30717290
Concord Progress Not Perfection
Zoom 498 568 794, passcode 025314
75 minutes

7:30 PM LAFAYETTE #51595
Lafayette Tuesday Night AFG
Lafayette-Orinda Presbyterian Church
49 Knox Drive
Chapel (through double doors of 1-story
building on right of plaza).
1 hour 15 minutes

THURSDAY

10:30 AM ALAMO #1815
Staying in the Solution
Hybrid
San Ramon Valley Methodist Church
902 Danville Blvd. ♿
Admin. Conf Rm (near office)
And
Zoom 823 3954 1322, passcode 211301
90 minutes

★ **6:00 PM ANTIOCH** #30529342
Also Saturday 9:00AM
en Español, in Spanish,
Brillo de Esperanza
1215 Sunset Drive
60 minutes

7:30 PM ELECTRONIC #716
Benicia SOS - Seeking our Solutions
Zoom 811 9445 2282, passcode 067470
Fifth Thursday is a Speaker Meeting
60 minutes

7:30 PM PLEASANT HILL #30809894
Step, Tradition, Concept Book Study
Hillcrest Congregational Church
404 Gregory Lane, Rm 14
60 minutes
*****Alateen at same time, Rm 15** ***

SATURDAY

8:00 AM ELECTRONIC #30839656
Sunrise Serenity
Zoom 845 9720 3943, passcode 386316
90 minutes

8:00 AM CONCORD #43510
Saturday Sunrise AFG
Step, Tradition & Concepts Study
Children are welcome
John Muir Medical Center ♿
2540 East Street
ID is required to enter building.
Concord 1 Room most Saturdays in 2025.
Kunkle Room on 3/29, 5/10, 5/24, 7/26,
9/20, 10/11/2025.
90 minutes

★ **9:00 AM ANTIOCH** #30529342
Also Thursday 6:00PM
en Español, in Spanish
Brillo de Esperanza
1215 Sunset Dr
60 minutes

★ **9:00 AM PLEASANT HILL** #305130833
en Español, in Spanish
Nuevos Horizontes
Oak Park Christian Center ♿
2073 Oak Park Blvd.
90 minutes

11:00 AM DANVILLE #26916
Danville Saturday Morning AFG
Hybrid
Community Presbyterian Church ♿
220 West El Pintado, Room 7
And
Zoom 279 241 750, passcode 075276
90 minutes

12:00 NOON ELECTRONIC #26494
Walnut Creek Come As You Are
Zoom 856 899 035, passcode 057354
1 hour 15 minutes
GEA (Global Electronic Area)

ELECTRONIC AND TELEPHONE MEETINGS WORLDWIDE

Attend a meeting from any location using
your computer, tablet, or smart phone, or
telephone. Find meetings on many
platforms at:

al-anon.org/al-anon-meetings/electronic-meetings/

UPDATES

Notify us of changes in meeting times or
locations by filling the online form at:
al-anoncontracosta.org/meeting-updates/

See and print our **most current meeting
schedule** at our website:
al-anoncontracosta.org/meeting-list/

QUESTIONS?

Speak to a local Al-Anon member.

Call our Information line
(925) 932-6770

Revised: 2/21/2025

This directory is provided to assist Al-Anon/Alateen members in locating meetings and is to be used for no other purpose. Listing in this directory does not constitute approval of any group's manner of practicing the Al-Anon/Alateen program. If the group you attend is not right for you, please try another. There is help available in Al-Anon/Alateen.