

WEEKLY MEETING SCHEDULE

Revised 4/25/2024

AL-ANON Family Groups

Open to all people who believe their life is, or has been, affected by someone else's drinking.

★ = en Español – Meeting in Spanish

SUNDAY

★ 8:00 AM PITTSBURG #502546
Also Friday at 6:00PM
en Español, In Spanish
Alegría de Vivir
Hijos Adultos de Alcohólicos
Adult Children of Alcoholics
337 E. Leland Rd. Ste #333A
120 minutes (2 hrs)

4:30 PM WALNUT CREEK #53377
Parents with Alcoholic Children
Mt. Diablo Unitarian Church
55 Eckley Ln.
Children's Chapel or Courtyard
60 minutes

6:30 PM DUBLIN (District 16)
Parents with Alcoholic Children
St. Philip Lutheran Church
28850 Davona Dr Room 109
90 minutes

7:00 PM MARTINEZ #41289
Zoom 842 4950 2417 WR
60 minutes

MONDAY continued

7:00 PM ALAMO #503830
Fireside Book Study
Creekside Community Church
1350 Danville Blvd.
Room 201 at the top of the stairs
60 minutes

7:15 PM WALNUT CREEK #29601
Parents of Alcoholic Children
Hillside Covenant Church
2060 Magnolia Way
Room 3 (back of church)
60 minutes

7:30 PM CONCORD/CLAYTON #796
St. Bonaventure Church
5562 Clayton Rd
Second building on the right, last room
#A4
60 minutes

WEDNESDAY

9:30 AM WALNUT CREEK #60524
How Al-Anon Works Book Study
Hillside Covenant Church
2060 Magnolia Way

12:00 NOON BRENTWOOD #501099
Book Study: How Al-Anon Works
Hybrid, Zoom 821 0026 2764, pc 07132020
East Contra Costa Fellowship Hall
8385 Brentwood Blvd., Suite B

12:00 NOON WALNUT CREEK #1816
Zoom 306 045 364, pc 356172

★ 6:00 PM PITTSBURG #066778
Also Monday 6:00PM
en Español, In Spanish
Fortaleza
337 East Leland Rd., Ste 333A
120 minutes (2 hrs)

7:00 PM ANTIOCH #42382
Awakenings Book Study
St. John's Lutheran Church
1360 East Tregallas Road
60 minutes

7:00 PM SAN RAMON #30626159
How It Was AFG
Zoom 830 629 852, pc 832937
60 minutes

7:00 PM BRENTWOOD #30765732
In-Between the Lines AFG
Community United Methodist Church
809 - 2nd Street
(Across from Liberty High School)

7:45 PM PLEASANT HILL #60206
Pleasant Hill Easy Does It Group
Hillcrest Congregational Church
404 Gregory Lane
Social Hall
75 minutes

FRIDAY

6:00 AM WALNUT CREEK #30724472
Friday Morning Book Study
Zoom 813 4788 7627, pc 914996
60 minutes

9:30 AM WALNUT CREEK #52347
Way of Life Step, Tradition, Concept Study
Hybrid, Zoom 895 0620 7180,
pc Friday930
Hillside Covenant Church
2060 Magnolia Way
Downstairs, Classroom 1
75 minutes

★ 6:00 PM PITTSBURG #502546
Also Sunday 8:00AM
en Español, In Spanish
Alegría de Vivir
Hijos Adultos de Alcohólicos
Adult Children of Alcoholics
337 E. Leland Rd. Local #333
120 minutes (2 hrs)

7:30 PM PLEASANT HILL #49465
Al-Anon Adult Children
Zoom 486 317 852, pc 145125
90 minutes

7:30 PM DUBLIN (District 16)
St. Philip Lutheran Church
28850 Davona Dr.
Book Study: How Al-Anon Works
90 minutes

8:00 PM BRENTWOOD #045996
Community United Methodist Church
809 - 2nd Street
(Across from Liberty High School)
Enter by side door
1 hour 15 minutes

ALATEEN

Open only to young people who believe their life is affected by someone else's drinking.

For more information: (925) 858-7698

Thursday

7:30 PM PLEASANT HILL #65695
Thursday Alateen
Hillcrest Congregational Church
404 Gregory Lane
Rm 15 60 minutes
(Al-Anon in Rm 14 at same time)

District 14

Open Speaker Meeting

4th Saturday of each month
Hybrid

Everyone welcome, including visitors
7:00 – 9:00 PM

Creekside Community Church
1350 Danville Blvd., Alamo. Sanctuary
and
Zoom 822 9293 1779, pc 326066

Speakers from Alateen, Al-Anon & AA,
birthday chips,-literature sales.

District 14 Business Meeting

All Al-Anon/Alateen members welcome

Regular Business Meeting of
Al-Anon Group Representatives
and Service Coordinators.

1st Wednesday of Each Month
7:30 -9:00 PM

Hybrid:

Zoom 814 0402 7808, pc D14
and in-person at :
John Muir Medical Center
Concord Campus
2540 East Street, Concord
Leshner Auditorium
ID required to enter building

MONDAY

12:00 NOON MARTINEZ #503831
Church of Christ
1865 Arnold Drive, Room 4 
60 minutes

12:15 PM DISCOVERY BAY #30557540
ODAT - CTC Study Group
Delta Presbyterian Church
1900 Willow Lake Road
Fellowship Room inside the church
60 minutes

6:00 PM BENICIA (District 6)
Young At Heart Al-Anon
Zoom 852 9690 4526, pc 594347
60 minutes

★ 6:00 PM PITTSBURG #066778
Also Wednesday 6:00PM
en Español, In Spanish
Fortaleza
337 East Leland Rd., Ste 333A
120 minutes (2 hrs)

6:30 PM PLEASANT HILL #501003
Men In Steps Toward Recovery
(MISTR) (Men's Group)
Zoom 440 492 573, pc 033642
60 minutes

TUESDAY

10:00 AM WALNUT CREEK #30810758
Rossmoor Gateway Complex, 1001 Golden Rain Rd
Multipurpose Rm 1. Small rooms behind art studio
60 minutes

12:00 PM WALNUT CREEK #064373
Steps, Traditions & Concepts
Hillside Covenant Church
2060 Magnolia Way- 
Scent-free
60 minutes


★ 6:00 PM OAKLEY #30837644
en Español, In Spanish,
Aprendiendo A Vivir
St. Anthony's Church
971 O'Hara Ave
Estamos abajo del los salones del sótano de la iglesia

★ 6:00 PM CONCORD #503021
en Español, In Spanish
Buscando La Esperanza y La Serenidad
Bethel Baptist Church 
3578 Clayton IRd.
Bldg. B, corner of Babel St.
2 hours

7:30 PM CONCORD #30717290
Progress Not Perfection
Zoom 498 568 794, pc 025314
75 minutes

7:30 PM LAFAYETTE #51595
Lafayette-Orinda Presbyterian Church
49 Knox Drive
Chapel (through double doors of 1-story building on right of plaza)
1 hour 15 minutes

THURSDAY

10:30 AM ALAMO #1815
Staying in the Solution **Hybrid**
Zoom 823 3954 1322, pc 211301
San Ramon Valley Methodist Church
902 Danville Blvd. 
Admin. Conf Rm (near office)
90 minutes

12:10 PM CONCORD #40846
Zoom ID: 816 6935 6657, pc 396785
1st Thursday Step Study
40 minutes

7:00 PM PLEASANT HILL GEA
#30806737
Serenity through Studying the Steps, Traditions, Slogans, and Concepts
Zoom 857 1429 4699, pc 005660
60 minutes


7:30 PM PLEASANT HILL #30809894
Thursday Night Book Study
Hillcrest Congregational Church
404 Gregory Lane, Rm 14
60 minutes
*****Alateen at same time, Rm 15*****

★ 6:00 PM ANTIOCH #30529342
Also Saturday 9:00AM
en Español, In Spanish,
Brillo de Esperanza
1215 Sunset Drive
60 minutes

8:00 PM BENICIA #716
Benicia SOS - Seeking our Solutions AFG
Zoom 811 9445 2282, pc 067470
Fifth Thursday – Speaker Meeting
60 minutes

SATURDAY

8:00 AM CONCORD #43510
Step, Tradition & Concepts Study
Saturday Sunrise AFG
Zoom 845 9720 3943, pc 386316
90 minutes

8:00 AM CONCORD #43510
Step, Tradition & Concepts Study
Saturday Sunrise AFG
John Muir Medical Center 
Concord Campus
2540 East Street
Lesher Auditorium, except 2nd in Concord Room 1
ID required to enter building
90 minutes

★ 9:00 AM ANTIOCH #30529342
Also Thursday 6:00PM
en Español, In Spanish
Brillo de Esperanza
1215 Sunset Dr
60 minutes

★ 9:00 AM PLEASANT HILL #305130833
en Español, In Spanish
Nuevos Horizontes **Hybrid**
Zoom 862 4662 2899, pc 396289
Oak Park Christian Center 
2073 Oak Park Blvd.
90 minutes

11:00 AM DANVILLE #26916
Zoom 279 241 750, pc 075276
Hybrid
Community Presbyterian Church 
220 West El Pintado, Room 7
90 minutes

12:00 NOON WALNUT CREEK #26494
Come As You Are
Zoom 856 899 035, pc 05735
1 hour 15 minutes

TELEPHONE MEETINGS

Attend a meeting from any location using your telephone. Meet with others via conference call.

Meeting Instructions

For Telephone Meetings and information:
Phonemeetings.org or
al-anon.org/al-anon-meetings/telephone-meetings/

ELECTRONIC MEETINGS

Attend a meeting from any location using your computer, tablet, or smart phone.
al-anon.org/al-anon-meetings/electronic-meetings/

UPDATES

Report changes in meeting times or locations to:
al-anoncontracosta.org/meeting-updates/

See and print our most current meeting schedule online at our website:
al-anoncontracosta.org/meeting-list/

Key

★ = Spanish

pc = passcode

WR = Waiting Room (video encouraged)

AFG = Al-Anon Family Group

 = Handicap accessible

Hybrid = both Zoom and in-person meeting together

GEA = Global Electronic Area (no longer in D14). Find through Electronic Meetings link above, plus the WSO #

Revised: 4/25/2024