

WEEKLY MEETING SCHEDULE

Revised 11/24/2024

Newcomers welcome at all groups. For holiday schedules and recent updates, visit our website al-anoncontracosta.org/meeting-list

AL-ANON Family Groups

Northern California District 14
Eastern and Central Contra Costa County

Open to all people who believe their life is, or has been, affected by someone else's drinking.

★ = Spanish


SUNDAY

★ 8:00 AM PITTSBURG #502546

Also Friday at 6:00PM
en Español, in Spanish

Alegria de Vivir
Hijos Adultos de Alcohólicos
Adult Children of Alcoholics
337 E. Leland Rd. Ste #333A
120 minutes (2 hrs)

4:30 PM WALNUT CREEK #53377


Parents with Alcoholic Children
Mt. Diablo Unitarian Church 
55 Eckley Ln.
Children's Chapel or Courtyard
60 minutes

7:00 PM ELECTRONIC #41289

Martinez SOS
Zoom 842 4950 2417
Waiting Room – video encouraged
60 minutes

MONDAY

12:00 NOON MARTINEZ #503831

12 Noon Martinez AFG
Church of Christ
1865 Arnold Drive, Room 4 
60 minutes

12:15 PM DISCOVERY BAY #30557540

A Little Time for Myself
Delta Presbyterian Church
1900 Willow Lake Road
Fellowship Room inside the church
60 minutes

★ 6:00 PM PITTSBURG #066778


Also Wednesday 6:00PM
Fortaleza
en Español, in Spanish
337 East Leland Rd., Ste 333A
120 minutes (2 hours)

6:30 PM ELECTRONIC #501003


Men In Steps Toward Recovery
(MISTR) (Men's Group)
Zoom 440 492 573, passcode 033642
60 minutes

MONDAY continued

7:00 PM ALAMO #503830

Monday Fireside Book Study
Creekside Community Church 
1350 Danville Blvd.
Room 201 at the top of the stairs
60 minutes

7:15 PM WALNUT CREEK #29601

Parents of Alcoholic Children
Hillside Covenant Church 
2060 Magnolia Way
Room 3 (back of church)
60 minutes

7:30 PM CONCORD/CLAYTON #796

Monday Night Concord AFG
St. Bonaventure Church 
5562 Clayton Rd
Second building on right, last room #A4
60 minutes

7:30 PM ELECTRONIC #41289

Zoom 842 4950 2417
Waiting Room – video encouraged
60 minutes

7:00 PM ELECTRONIC #41289


Martinez SOS
Zoom 842 4950 2417
Waiting Room – video encouraged
60 minutes

TUESDAY

10:00 AM WALNUT CREEK #30810758

Tuesday Daytime Book Study
Rossmoor Gateway Complex,
1001 Golden Rain Rd. Multipurpose Rm 1.
Small rooms behind art studio
60 minutes


12:00 PM WALNUT CREEK #064373

Step, Tradition & Concept Book Study
Hillside Covenant Church
2060 Magnolia Way, Room 3 
Park in lower parking lot
60 minutes

★ 6:00 PM OAKLEY #30837644

en Español, in Spanish,
Aprendiendo A Vivir
St. Anthony's Church
971 O'Hara Ave
Estamos abajo del los salones del sótano de la iglesia

★ 6:00 PM CONCORD #503021

en Español, in Spanish
Buscando Esperanza y Serenidad
Bethel Baptist Church 
3578 Clayton Rd.
Bldg. B, corner of Babel St.
2 hours

7:30 PM ELECTRONIC #30717290

Concord Progress Not Perfection
Zoom 498 568 794, passcode 025314
75 minutes

7:30 PM LAFAYETTE #51595

Lafayette Tuesday Night AFG
Lafayette-Orinda Presbyterian Church
49 Knox Drive
Chapel (through double doors of 1-story building on right of plaza).
1 hour 15 minutes

WEDNESDAY

9:30 AM WALNUT CREEK #60524

How Al-Anon Works Book Study
Hillside Covenant Church
2060 Magnolia Way, Room 3 & 4
Parking on lower level

12:00 NOON ELECTRONIC #501099

Brentwood How Al-Anon Works Book Study:
Zoom 821 0026 2764, passcode 07132020

12:00 NOON ELECTRONIC #1816

Walnut Creek Wednesday Noon AFG
Zoom 306 045 364, passcode 356172

★ 6:00 PM PITTSBURG #066778

Also Monday 6:00PM
Fortaleza
en Español, In Spanish
337 East Leland Rd., Ste 333A
120 minutes (2 hrs)

7:00 PM ANTIOCH #42382

Antioch Wednesday PM AFG
St. John's Lutheran Church
1360 East Tregallas Road
60 minutes

7:00 PM ELECTRONIC #30626159

Wednesday How It Was AFG
Zoom 830 629 852, passcode 832937
60 minutes

7:00 PM BRENTWOOD #30765732

In-Between the Lines AFG
Community United Methodist Church
809 - 2nd Street
(Across from Liberty High School)

7:45 PM PLEASANT HILL #60206

Pleasant Hill Easy Does It Group
Hillcrest Congregational Church
404 Gregory Lane, Social Hall
75 minutes

THURSDAY

10:30 AM ALAMO #1815

Staying in the Solution
Hybrid
San Ramon Valley Methodist Church
902 Danville Blvd. 
Admin. Conf Rm (near office)
And
Zoom 823 3954 1322, passcode 211301
90 minutes

12:10 PM ELECTRONIC #40846

Zoom: 816 6935 6657
passcode 396785
1st Thursday Step Study
40 minutes

7:30 PM PLEASANT HILL #30809894

Step, Tradition, Concept Book Study
Hillcrest Congregational Church
404 Gregory Lane, Rm 14
60 minutes
***Alateen at same time, Rm 15 ***

★ 6:00 PM ANTIOCH #30529342

Also Saturday 9:00AM
en Español, in Spanish,
Brillo de Esperanza
1215 Sunset Drive
60 minutes

7:30 PM ELECTRONIC #716

Benicia SOS - Seeking our Solutions
Zoom 811 9445 2282, passcode 067470
Fifth Thursday is a Speaker Meeting
60 minutes

FRIDAY

6:00 AM ELECTRONIC #30724472

Friday Morning Book Study
Zoom 813 4788 7627, passcode 914996
60 minutes

9:30 AM WALNUT CREEK #52347

Way of Life Step and Tradition Study
Hybrid
Hillside Covenant Church 
2060 Magnolia Way
Downstairs, Classroom 1
And
Zoom 895 0620 7180
passcode Friday930
75 minutes


★ 6:00 PM PITTSBURG #502546

Also Sunday 8:00AM
en Español, In Spanish
Alegria de Vivir
Hijos Adultos de Alcohólicos
Adult Children of Alcoholics
337 E. Leland Rd. Local #333
120 minutes (2 hrs)

7:30 PM ELECTRONIC #49465

Al-Anon Adult Children
Zoom 486 317 852, passcode 145125
90 minutes

8:00 PM BRENTWOOD #045996


Brentwood Friday Night AFG
Community United Methodist Church
809 - 2nd Street 
Across from Liberty High School
Enter by side door
1 hour 15 minutes

SATURDAY

8:00 AM ELECTRONIC #30839656

Sunrise Serenity
Zoom 845 9720 3943, passcode 386316
90 minutes


8:00 AM CONCORD #43510

Step, Tradition & Concepts Study
Saturday Sunrise AFG
Children are welcome
John Muir Medical Center 
2540 East Street, Leshar Auditorium
2nd Saturday in Concord Room 1
ID required to enter building
90 minutes


★ 9:00 AM ANTIOCH #30529342

Also Thursday 6:00PM
en Español, in Spanish
Brillo de Esperanza
1215 Sunset Dr
60 minutes

★ 9:00 AM PLEASANT HILL #305130833

en Español, in Spanish
Nuevos Horizontes
Oak Park Christian Center 
2073 Oak Park Blvd.
90 minutes

11:00 AM DANVILLE #26916

Danville Saturday Morning AFG
Hybrid
Community Presbyterian Church 
220 West El Pintado, Room 7
And
Zoom 279 241 750, passcode 075276
90 minutes

12:00 NOON ELECTRONIC #26494

Walnut Creek Come As You Are
Zoom 856 899 035, passcode 057354
1 hour 15 minutes

ALATEEN

Open only to young people who believe their life is affected by someone else's drinking. For more information: (925) 858-7698

Monday

★ 5:00pm PITTSBURG #30521484
Esperanza de vivir (Alateen).
en Español, in Spanish
337 E. Leland Rd. Ste #333A
45 minutes

Thursday

7:30 PM PLEASANT HILL #65695
Thursday Alateen
Hillcrest Congregational Church
404 Gregory Lane
Rm 15 60 minutes
(Al-Anon in Rm 14 at same time)

District 14

Open Speaker Meeting

For current information on this monthly event of recovery and fellowship, visit our website al-anoncontracosta.org/monthly-speaker-meeting/

District 14 Business Meeting

All Al-Anon/Alateen members welcome

Regular Business Meeting of Al-Anon Group Representatives and Service Coordinators.

1st Wednesday of Each Month

7:30 - 9:00 PM

Hybrid

John Muir Medical Center, Concord

2540 East Street

Leshar Auditorium

ID required to enter building

And

Zoom 814 0402 7808, passcode D14

ELECTRONIC AND TELEPHONE MEETINGS WORLDWIDE

Attend a meeting from any location using your computer, tablet, or smart phone, or telephone. Find meetings on many platforms at:

al-anon.org/al-anon-meetings/electronic-meetings/

UPDATES

Report changes in meeting times or locations to:

al-anoncontracosta.org/meeting-updates/

See and print our **most current meeting schedule** online at our website:

al-anoncontracosta.org/meeting-list/

Key

★ = Spanish

AFG = Al-Anon Family Group

 = Handicap accessible

Hybrid = both Zoom and in-person meeting together

Revised: 11/24/2024

This directory is provided to assist Al-Anon/Alateen members in locating meetings and is to be used for no other purpose. Listing in this directory does not constitute approval of any group's manner of practicing the Al-Anon/Alateen program. If the group you attend is not right for you, please try another. There is help available in Al-Anon/Alateen.