

# WEEKLY MEETING SCHEDULE

Revised 11/7/2024

Newcomers welcome at all groups. For holiday schedules and recent updates, visit our website [al-anoncontracosta.org/meeting-list](http://al-anoncontracosta.org/meeting-list)

## AL-ANON Family Groups

Northern California District 14  
Eastern and Central Contra Costa County

Open to all people who believe their life is, or has been, affected by someone else's drinking.


★ = Spanish

## SUNDAY

★ 8:00 AM PITTSBURG #502546

Also Friday at 6:00PM  
**en Español**, in Spanish  
*Alegría de Vivir*  
Hijos Adultos de Alcohólicos  
Adult Children of Alcoholics  
337 E. Leland Rd. Ste #333A  
120 minutes (2 hrs)

4:30 PM WALNUT CREEK #53377


Parents with Alcoholic Children  
Mt. Diablo Unitarian Church   
55 Eckley Ln.  
Children's Chapel or Courtyard  
60 minutes

7:00 PM ELECTRONIC #41289

Martinez SOS  
Zoom 842 4950 2417  
Waiting Room – video encouraged  
60 minutes

## MONDAY

12:00 NOON MARTINEZ #503831

12 Noon Martinez AFG  
Church of Christ  
1865 Arnold Drive, Room 4   
60 minutes

12:15 PM DISCOVERY BAY #30557540

*A Little Time for Myself*  
Delta Presbyterian Church  
1900 Willow Lake Road  
Fellowship Room inside the church  
60 minutes

★ 6:00 PM PITTSBURG #066778


Also Wednesday 6:00PM  
*Fortaleza*  
**en Español**, in Spanish  
337 East Leland Rd., Ste 333A  
120 minutes (2 hours)

6:30 PM ELECTRONIC #501003


*Men In Steps Toward Recovery*  
(MISTR) (Men's Group)  
Zoom 440 492 573, passcode 033642  
60 minutes

## MONDAY continued

7:00 PM ALAMO #503830

Monday Fireside Book Study  
Creskide Community Church   
1350 Danville Blvd.  
Room 201 at the top of the stairs  
60 minutes

7:15 PM WALNUT CREEK #29601

Parents of Alcoholic Children  
Hillside Covenant Church   
2060 Magnolia Way  
Room 3 (back of church)  
60 minutes

7:30 PM CONCORD/CLAYTON #796

Monday Night Concord AFG  
St. Bonaventure Church   
5562 Clayton Rd  
Second building on right, last room #A4  
60 minutes

7:00 PM ELECTRONIC #41289


Martinez SOS  
Zoom 842 4950 2417  
Waiting Room – video encouraged  
60 minutes

## TUESDAY

10:00 AM WALNUT CREEK #30810758

Tuesday Daytime Book Study  
Rossmoor Gateway Complex,  
1001 Golden Rain Rd. Multipurpose Rm 1.  
Small rooms behind art studio  
60 minutes


12:00 PM WALNUT CREEK #064373

*Step, Tradition & Concept Book Study*  
Hillside Covenant Church  
2060 Magnolia Way, Room 3   
Park in lower parking lot  
60 minutes

★ 6:00 PM OAKLEY #30837644

**en Español**, in Spanish,  
*Aprendiendo A Vivir*  
St. Anthony's Church  
971 O'Hara Ave  
*Estamos abajo del los salones del sótano de la iglesia*

★ 6:00 PM CONCORD #503021

**en Español**, in Spanish  
*Buscando Esperanza y Serenidad*  
Bethel Baptist Church   
3578 Clayton Rd.  
Bldg. B, corner of Babel St.  
2 hours

7:30 PM ELECTRONIC #30717290

*Concord Progress Not Perfection*  
Zoom 498 568 794, passcode 025314  
75 minutes

7:30 PM LAFAYETTE #51595

*Lafayette Tuesday Night AFG*  
Lafayette-Orinda Presbyterian Church  
49 Knox Drive  
Chapel (through double doors of 1-story building on right of plaza).  
1 hour 15 minutes

## WEDNESDAY

9:30 AM WALNUT CREEK #60524

*How Al-Anon Works Book Study*  
Hillside Covenant Church  
2060 Magnolia Way

12:00 NOON ELECTRONIC #501099

*Brentwood How Al-Anon Works Book Study:*  
Zoom 821 0026 2764, passcode 07132020

12:00 NOON ELECTRONIC #1816

*Walnut Creek Wednesday Noon AFG*  
Zoom 306 045 364, passcode 356172

★ 6:00 PM PITTSBURG #066778

Also Monday 6:00PM  
*Fortaleza*  
**en Español**, In Spanish  
337 East Leland Rd., Ste 333A  
120 minutes (2 hrs)

7:00 PM ANTIOCH #42382

*Antioch Wednesday PM AFG*  
St. John's Lutheran Church  
1360 East Tregallas Road  
60 minutes

7:00 PM ELECTRONIC #30626159

*Wednesday How It Was AFG*  
Zoom 830 629 852, passcode 832937  
60 minutes

7:00 PM BRENTWOOD #30765732


*In-Between the Lines AFG*  
Community United Methodist Church  
809 - 2nd Street  
(Across from Liberty High School)

7:45 PM PLEASANT HILL #60206

*Pleasant Hill Easy Does It Group*  
Hillcrest Congregational Church  
404 Gregory Lane, Social Hall  
75 minutes

## THURSDAY

10:30 AM ALAMO #1815

*Staying in the Solution*  
Hybrid  
San Ramon Valley Methodist Church  
902 Danville Blvd.   
Admin. Conf Rm (near office)  
And  
Zoom 823 3954 1322, passcode 211301  
90 minutes

12:10 PM ELECTRONIC #40846

Zoom: 816 6935 6657  
passcode 396785  
1st Thursday Step Study  
40 minutes

7:30 PM PLEASANT HILL #30809894

*Step, Tradition, Concept Book Study*  
Hillcrest Congregational Church  
404 Gregory Lane, Rm 14  
60 minutes  
\*\*\*Alateen at same time, Rm 15 \*\*\*

★ 6:00 PM ANTIOCH #30529342

Also Saturday 9:00AM  
**en Español**, in Spanish,  
*Brillo de Esperanza*  
1215 Sunset Drive  
60 minutes

7:30 PM ELECTRONIC #716

*Benicia SOS - Seeking our Solutions*  
Zoom 811 9445 2282, passcode 067470  
Fifth Thursday – Speaker Meeting  
60 minutes

## FRIDAY

6:00 AM ELECTRONIC #30724472

*Friday Morning Book Study*  
Zoom 813 4788 7627, passcode 914996  
60 minutes

9:30 AM WALNUT CREEK #52347

*Way of Life Step and Tradition Study*  
Hybrid  
Hillside Covenant Church   
2060 Magnolia Way  
Downstairs, Classroom 1  
And  
Zoom 895 0620 7180  
passcode Friday930  
75 minutes


★ 6:00 PM PITTSBURG #502546

Also Sunday 8:00AM  
**en Español**, In Spanish  
*Alegría de Vivir*  
Hijos Adultos de Alcohólicos  
Adult Children of Alcoholics  
337 E. Leland Rd. Local #333  
120 minutes (2 hrs)

7:30 PM ELECTRONIC #49465

*Al-Anon Adult Children*  
Zoom 486 317 852, passcode 145125  
90 minutes

8:00 PM BRENTWOOD #045996


*Brentwood Friday Night AFG*  
Community United Methodist Church  
809 - 2nd Street   
Across from Liberty High School  
Enter by side door  
1 hour 15 minutes

## SATURDAY

8:00 AM ELECTRONIC #30839656

*Sunrise Serenity*  
Zoom 845 9720 3943, passcode 386316  
90 minutes


8:00 AM CONCORD #43510

*Step, Tradition & Concepts Study*  
*Saturday Sunrise AFG*  
Children are welcome  
John Muir Medical Center   
2540 East Street, Leshner Auditorium  
2nd Saturday in Concord Room 1  
ID required to enter building  
90 minutes


★ 9:00 AM ANTIOCH #30529342

Also Thursday 6:00PM  
**en Español**, in Spanish  
*Brillo de Esperanza*  
1215 Sunset Dr  
60 minutes

★ 9:00 AM PLEASANT HILL #305130833

**en Español**, in Spanish  
*Nuevos Horizontes*  
Oak Park Christian Center   
2073 Oak Park Blvd.  
90 minutes

11:00 AM DANVILLE #26916

*Danville Saturday Morning AFG*  
Hybrid  
Community Presbyterian Church   
220 West El Pintado, Room 7  
And  
Zoom 279 241 750, passcode 075276  
90 minutes

12:00 NOON ELECTRONIC #26494

*Walnut Creek Come As You Are*  
Zoom 856 899 035, passcode 057354  
1 hour 15 minutes

## ALATEEN

Open only to young people who believe their life is affected by someone else's drinking. For more information: (925) 858-7698

## Monday

★ 5:00pm Pittsburg #30521484  
*Esperanza de vivir (Alateen).*  
**en Español**, in Spanish  
337 E. Leland Rd. Ste #333A  
45 minutes

## Thursday


7:30 PM PLEASANT HILL #65695  
*Thursday Alateen*  
Hillcrest Congregational Church  
404 Gregory Lane  
Rm 15 60 minutes  
(Al-Anon in Rm 14 at same time)

## District 14

### Open Speaker Meeting

4th Saturday of each month  
Everyone welcome, including visitors  
7:00 – 9:00 PM

Hybrid

Creskide Community Church   
1350 Danville Blvd., Alamo. Sanctuary and  
Zoom 822 9293 1779, passcode 326066

### District 14 Business Meeting

All Al-Anon/Alateen members welcome

Regular Business Meeting of Al-Anon Group Representatives and Service Coordinators.

1st Wednesday of Each Month  
7:30 -9:00 PM

Hybrid

John Muir Medical Center, Concord  
2540 East Street  
Leshner Auditorium  
ID required to enter building  
And  
Zoom 814 0402 7808, passcode D14

## ELECTRONIC AND TELEPHONE MEETINGS WORLDWIDE

Attend a meeting from any location using your computer, tablet, or smart phone, or telephone. Find meetings on many platforms at:

[al-anon.org/al-anon-meetings/electronic-meetings/](http://al-anon.org/al-anon-meetings/electronic-meetings/)

## UPDATES

Report changes in meeting times or locations to:

[al-anoncontracosta.org/meeting-updates/](http://al-anoncontracosta.org/meeting-updates/)

See and print our most current meeting schedule online at our website:

[al-anoncontracosta.org/meeting-list/](http://al-anoncontracosta.org/meeting-list/)

## Key

★ = Spanish

AFG = Al-Anon Family Group

 = Handicap accessible

Hybrid = both Zoom and in-person meeting together

Revised 11/07/2024