

# WEEKLY MEETING SCHEDULE

Revised 11/7/2024

Newcomers welcome at all groups. For holiday schedules and recent updates, visit our website [al-anoncontracosta.org/meeting-list](http://al-anoncontracosta.org/meeting-list)

## AL-ANON Family Groups

Northern California District 14  
Eastern and Central Contra Costa County

Open to all people who believe their life is, or has been, affected by someone else's drinking.

★ = Spanish

## SUNDAY

★ 8:00 AM PITTSBURG #502546

Also Friday at 6:00PM  
**en Español**, in Spanish

*Alegría de Vivir*  
Hijos Adultos de Alcohólicos  
Adult Children of Alcoholics  
**337 E. Leland Rd. Ste #333A**  
120 minutes (2 hrs)

4:30 PM WALNUT CREEK #53377

Parents with Alcoholic Children  
**Mt. Diablo Unitarian Church** ♿  
55 Eckley Ln.  
Children's Chapel or Courtyard  
60 minutes

7:00 PM ELECTRONIC #41289

Martinez SOS  
**Zoom 842 4950 2417**  
Waiting Room – video encouraged  
60 minutes

## MONDAY continued

7:00 PM ALAMO #503830

Monday Fireside Book Study  
**Creekside Community Church** ♿  
1350 Danville Blvd.  
Room 201 at the top of the stairs  
60 minutes

7:15 PM WALNUT CREEK #29601

Parents of Alcoholic Children  
**Hillside Covenant Church** ♿  
2060 Magnolia Way  
Room 3 (back of church)  
60 minutes

7:30 PM CONCORD/CLAYTON #796

Monday Night Concord AFG  
**St. Bonaventure Church** ♿  
5562 Clayton Rd  
Second building on right, last room #A4  
60 minutes

## WEDNESDAY

9:30 AM WALNUT CREEK #60524

How Al-Anon Works Book Study  
**Hillside Covenant Church**  
2060 Magnolia Way

12:00 NOON ELECTRONIC #501099

Brentwood How Al-Anon Works  
Book Study:  
**Zoom 821 0026 2764, passcode 07132020**

12:00 NOON ELECTRONIC #1816

Walnut Creek Wednesday Noon AFG  
**Zoom 306 045 364, passcode 356172**

★ 6:00 PM PITTSBURG #066778

Also Monday 6:00PM  
*Fortaleza*  
**en Español**, In Spanish  
337 East Leland Rd., Ste 333A  
120 minutes (2 hrs)

7:00 PM ANTIOCH #42382

Antioch Wednesday PM AFG  
**St. John's Lutheran Church**  
1360 East Tregallas Road  
60 minutes

7:00 PM ELECTRONIC #30626159

Wednesday How It Was AFG  
**Zoom 830 629 852, passcode 832937**  
60 minutes

7:00 PM BRENTWOOD #30765732

In-Between the Lines AFG  
**Community United Methodist Church**  
809 - 2nd Street  
(Across from Liberty High School)

7:45 PM PLEASANT HILL #60206

Pleasant Hill Easy Does It Group  
**Hillcrest Congregational Church**  
404 Gregory Lane, Social Hall  
75 minutes

## FRIDAY

6:00 AM ELECTRONIC #30724472

Friday Morning Book Study  
**Zoom 813 4788 7627, passcode 914996**  
60 minutes

9:30 AM WALNUT CREEK #52347

Way of Life Step and Tradition Study  
Hybrid  
**Hillside Covenant Church** ♿  
2060 Magnolia Way  
Downstairs, Classroom 1  
And

**Zoom 895 0620 7180**

**passcode Friday930**  
75 minutes

★ 6:00 PM PITTSBURG #502546

Also Sunday 8:00AM  
**en Español**, In Spanish  
*Alegría de Vivir*  
Hijos Adultos de Alcohólicos  
Adult Children of Alcoholics  
**337 E. Leland Rd. Local #333**  
120 minutes (2 hrs)

7:30 PM ELECTRONIC #49465

Al-Anon Adult Children  
**Zoom 486 317 852, passcode 145125**  
90 minutes

8:00 PM BRENTWOOD #045996

Brentwood Friday Night AFG  
**Community United Methodist Church**  
809 - 2nd Street ♿  
Across from Liberty High School  
Enter by side door  
1 hour 15 minutes

## ALATEEN

Open only to young people who believe their life is affected by someone else's drinking. For more information: (925) 858-7698

### Monday

★ 5:00pm Pittsburg #30521484  
*Esperanza de vivir (Alateen)*.  
**en Español**, in Spanish  
337 E. Leland Rd. Ste #333A  
45 minutes

### Thursday

7:30 PM PLEASANT HILL #65695  
*Thursday Alateen*  
**Hillcrest Congregational Church**  
404 Gregory Lane  
Rm 15 60 minutes  
(Al-Anon in Rm 14 at same time)

### District 14

#### Open Speaker Meeting

4th Saturday of each month

Everyone welcome, including visitors  
7:00 – 9:00 PM

Hybrid

**Creekside Community Church** ♿  
1350 Danville Blvd., Alamo. Sanctuary  
and  
**Zoom 822 9293 1779, passcode 326066**

#### District 14 Business Meeting

All Al-Anon/Alateen members welcome

Regular Business Meeting of  
Al-Anon Group Representatives  
and Service Coordinators.

1st Wednesday of Each Month

7:30 -9:00 PM

Hybrid

**John Muir Medical Center, Concord**  
2540 East Street  
Leshner Auditorium  
ID required to enter building  
And  
**Zoom 814 0402 7808, passcode D14**

## MONDAY

**12:00 NOON MARTINEZ** #503831  
*12 Noon Martinez AFG*  
**Church of Christ**  
**1865 Arnold Drive, Room 4** ♿  
*60 minutes*

**12:15 PM DISCOVERY BAY** #30557540  
*A Little Time for Myself*  
**Delta Presbyterian Church**  
**1900 Willow Lake Road**  
Fellowship Room inside the church  
*60 minutes*

★ **6:00 PM PITTSBURG** #066778  
Also Wednesday 6:00PM  
*Fortaleza*  
**en Español**, in Spanish  
**337 East Leland Rd., Ste 333A**  
*120 minutes (2 hours)*

**6:30 PM ELECTRONIC** #501003  
*Men In Steps Toward Recovery*  
*(MISTR) (Men's Group)*  
**Zoom 440 492 573, passcode 033642**  
*60 minutes*

## TUESDAY

**10:00 AM WALNUT CREEK** #30810758  
*Tuesday Daytime Book Study*  
**Rossmoor Gateway Complex,**  
**1001 Golden Rain Rd.** Multipurpose Rm 1.  
Small rooms behind art studio  
*60 minutes*

**12:00 PM WALNUT CREEK** #064373  
*Step, Tradition & Concept Book Study*  
**Hillside Covenant Church**  
**2060 Magnolia Way, Room 3** ♿  
*Park in lower parking lot*  
*60 minutes*

★ **6:00 PM OAKLEY** #30837644  
**en Español**, in Spanish,  
*Aprendiendo A Vivir*  
**St. Anthony's Church**  
**971 O'Hara Ave**  
*Estamos abajo del los salones del sótano*  
*de la iglesia*

★ **6:00 PM CONCORD** #503021  
**en Español**, in Spanish  
*Buscando Esperanza y Serenidad*  
**Bethel Baptist Church** ♿  
**3578 Clayton Rd.**  
Bldg. B, corner of Babel St.  
*2 hours*

**7:30 PM ELECTRONIC** #30717290  
*Concord Progress Not Perfection*  
**Zoom 498 568 794, passcode 025314**  
*75 minutes*

**7:30 PM LAFAYETTE** #51595  
*Lafayette Tuesday Night AFG*  
**Lafayette-Orinda Presbyterian Church**  
**49 Knox Drive**  
Chapel (through double doors of 1-story  
building on right of plaza).  
*1 hour 15 minutes*

## THURSDAY

**10:30 AM ALAMO** #1815  
*Staying in the Solution*  
Hybrid  
**San Ramon Valley Methodist Church**  
**902 Danville Blvd.** ♿  
Admin. Conf Rm (near office)  
And  
**Zoom 823 3954 1322, passcode 211301**  
*90 minutes*

**12:10 PM ELECTRONIC** #40846  
**Zoom: 816 6935 6657**  
**passcode 396785**  
1<sup>st</sup> Thursday Step Study  
*40 minutes*

**7:30 PM PLEASANT HILL** #30809894  
*Step, Tradition, Concept Book Study*  
**Hillcrest Congregational Church**  
**404 Gregory Lane, Rm 14**  
*60 minutes*  
**\*\*\*Alateen at same time, Rm 15\*\*\***

★ **6:00 PM ANTIOCH** #30529342  
Also Saturday 9:00AM  
**en Español**, in Spanish,  
*Brillo de Esperanza*  
**1215 Sunset Drive**  
*60 minutes*

**7:30 PM ELECTRONIC** #716  
*Benicia SOS - Seeking our Solutions*  
**Zoom 811 9445 2282, passcode 067470**  
Fifth Thursday – Speaker Meeting  
*60 minutes*

## SATURDAY

**8:00 AM ELECTRONIC** #30839656  
*Sunrise Serenity*  
**Zoom 845 9720 3943, passcode 386316**  
*90 minutes*

**8:00 AM CONCORD** #43510  
*Step, Tradition & Concepts Study*  
*Saturday Sunrise AFG*  
Children are welcome  
**John Muir Medical Center** ♿  
**2540 East Street, Leshner Auditorium**  
2<sup>nd</sup> Saturday in Concord Room 1  
ID required to enter building  
*90 minutes*

★ **9:00 AM ANTIOCH** #30529342  
Also Thursday 6:00PM  
**en Español**, in Spanish  
*Brillo de Esperanza*  
1215 Sunset Dr  
*60 minutes*

★ **9:00 AM PLEASANT HILL** #305130833  
**en Español**, in Spanish  
*Nuevos Horizontes*  
**Oak Park Christian Center** ♿  
**2073 Oak Park Blvd.**  
*90 minutes*

**11:00 AM DANVILLE** #26916  
*Danville Saturday Morning AFG*  
Hybrid  
**Community Presbyterian Church** ♿  
**220 West El Pintado, Room 7**  
And  
**Zoom 279 241 750, passcode 075276**  
*90 minutes*

**12:00 NOON ELECTRONIC** #26494  
*Walnut Creek Come As You Are*  
**Zoom 856 899 035, passcode 057354**  
*1 hour 15 minutes*

## ELECTRONIC AND TELEPHONE MEETINGS WORLDWIDE

Attend a meeting from any location using  
your computer, tablet, or smart phone, or  
telephone. Find meetings on many  
platforms at:

[al-anon.org/al-anon-  
meetings/electronic-meetings/](http://al-anon.org/al-anon-meetings/electronic-meetings/)

## UPDATES

Report changes in meeting times or  
locations to:

[al-anoncontracosta.org/meeting-  
updates/](http://al-anoncontracosta.org/meeting-updates/)

See and print our **most current meeting  
schedule** online at our website:

[al-anoncontracosta.org/meeting-list/](http://al-anoncontracosta.org/meeting-list/)

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### Key

★ = Spanish

AFG = Al-Anon Family Group

♿ = Handicap accessible

Hybrid = both Zoom and in-person meeting  
together

Revised: 11/07/2024

This directory is provided to assist Al-Anon/Alateen members in locating meetings and is to be used for no other purpose. Listing in this directory does not constitute approval of any group's manner of practicing the Al-Anon/Alateen program.

If the group you attend is not right for you, please try another. There is help available in Al-Anon/Alateen.