

WEEKLY MEETING SCHEDULE

Revised 4/25/2024

AL-ANON Family Groups

Open to all people who believe their life is, or has been, affected by someone else's drinking.

★ = en Español – Meeting in Spanish

SUNDAY

★ 8:00 AM PITTSBURG #502546

Also Friday at 6:00PM
en Español, In Spanish

Alegría de Vivir
Hijos Adultos de Alcohólicos
Adult Children of Alcoholics
337 E. Leland Rd. Ste #333A
120 minutes (2 hrs)

4:30 PM WALNUT CREEK #53377

Parents with Alcoholic Children
Mt. Diablo Unitarian Church
55 Eckley Ln.
Children's Chapel or Courtyard
60 minutes

6:30 PM DUBLIN (District 16)

Parents with Alcoholic Children

St. Philip Lutheran Church
28850 Davona Dr Room 109
90 minutes

7:00 PM MARTINEZ #41289

Zoom 842 4950 2417 WR
60 minutes

MONDAY

12:00 NOON MARTINEZ #503831

Church of Christ
1865 Arnold Drive, Room 4
60 minutes

12:15 PM DISCOVERY BAY #30557540

ODAT - CTC Study Group
Delta Presbyterian Church
1900 Willow Lake Road
Fellowship Room inside the church
60 minutes

6:00 PM BENICIA (District 6)

Young At Heart Al-Anon
Zoom 852 9690 4526, pc 594347
60 minutes

★ 6:00 PM PITTSBURG #066778

Also Wednesday 6:00PM
en Español, In Spanish
Fortaleza
337 East Leland Rd., Ste 333A
120 minutes (2 hrs)

6:30 PM PLEASANT HILL #501003

Men In Steps Toward Recovery
(MISTR) (Men's Group)
Zoom 440 492 573, pc 033642-
60 minutes

MONDAY continued

7:00 PM ALAMO #503830

Fireside Book Study
Creekside Community Church
1350 Danville Blvd.
Room 201 at the top of the stairs
60 minutes

7:15 PM WALNUT CREEK #29601

Parents of Alcoholic Children
Hillside Covenant Church
2060 Magnolia Way
Room 3 (back of church)
60 minutes

7:30 PM CONCORD/CLAYTON #796

St. Bonaventure Church
5562 Clayton Rd
Second building on the right, last room
#A4
60 minutes

6:30 PM DUBLIN (District 16)

Parents with Alcoholic Children

St. Philip Lutheran Church
28850 Davona Dr Room 109
90 minutes

7:00 PM MARTINEZ #41289

Zoom 842 4950 2417 WR
60 minutes

TUESDAY

10:00 AM WALNUT CREEK #30810758

Rossmoor Gateway Complex, 1001
Golden Rain Rd
Multipurpose Rm 1. Small rooms behind
art studio
60 minutes

12:00 PM WALNUT CREEK #064373

Steps, Traditions & Concepts
Hillside Covenant Church
2060 Magnolia Way-
Scent-free
60 minutes

★ 6:00 PM OAKLEY #30837644

en Español, In Spanish,
Aprendiendo A Vivir
St. Anthony's Church
971 O'Hara Ave
*Estamos abajo del los salones del sótano
de la iglesia*

★ 6:00 PM CONCORD #503021

en Español, In Spanish
Buscando La Esperanza y La Serenidad
Bethel Baptist Church
3578 Clayton IRd.
Bldg. B, corner of Babel St.
2 hours

7:30 PM CONCORD #30717290

Progress Not Perfection
Zoom 498 568 794, pc 025314
75 minutes

7:30 PM LAFAYETTE #51595

Lafayette-Orinda Presbyterian Church
49 Knox Drive
Chapel (through double doors of 1-story
building on right of plaza)
1 hour 15 minutes

WEDNESDAY

9:30 AM WALNUT CREEK #60524

How Al-Anon Works Book Study
Hillside Covenant Church
2060 Magnolia Way

12:00 NOON BRENTWOOD #501099

Book Study: How Al-Anon Works
Hybrid, Zoom 821 0026 2764, pc
07132020

East Contra Costa Fellowship Hall
8385 Brentwood Blvd., Suite B

12:00 NOON WALNUT CREEK #1816

Zoom 306 045 364, pc 356172

★ 6:00 PM PITTSBURG #066778

Also Monday 6:00PM
en Español, In Spanish
Fortaleza
337 East Leland Rd., Ste 333A
120 minutes (2 hrs)

7:00 PM ANTIOCH #42382

Awakenings Book Study
St. John's Lutheran Church
1360 East Tregallas Road
60 minutes

7:00 PM SAN RAMON #30626159

How It Was AFG
Zoom 830 629 852, pc 832937
60 minutes

7:00 PM BRENTWOOD #30765732

In-Between the Lines AFG
Community United Methodist Church
809 - 2nd Street
(Across from Liberty High School)

7:45 PM PLEASANT HILL #60206

Pleasant Hill Easy Does It Group
Hillcrest Congregational Church
404 Gregory Lane
Social Hall
75 minutes

THURSDAY

10:30 AM ALAMO #1815

Staying in the Solution Hybrid
Zoom 823 3954 1322, pc 211301
San Ramon Valley Methodist Church
902 Danville Blvd.
Admin. Conf Rm (near office)
90 minutes

12:10 PM CONCORD #40846

Zoom ID: 816 6935 6657,
pc 396785
1st Thursday Step Study
40 minutes

7:00 PM PLEASANT HILL GEA

#30806737
*Serenity through Studying the Steps,
Traditions, Slogans, and Concepts*
Zoom 857 1429 4699, pc 005660
60 minutes

7:30 PM PLEASANT HILL #30809894

Thursday Night Book Study
Hillcrest Congregational Church
404 Gregory Lane, Rm 14
60 minutes
***Alateen at same time, Rm 15 ***

★ 6:00 PM ANTIOCH #30529342

Also Saturday 9:00AM
en Español, In Spanish,
Brillo de Esperanza
1215 Sunset Drive
60 minutes

8:00 PM BENICIA #716

Benicia SOS - Seeking our Solutions AFG
Zoom 811 9445 2282, pc 067470
Fifth Thursday – Speaker Meeting
60 minutes

FRIDAY

6:00 AM WALNUT CREEK #30724472

Friday Morning Book Study
Zoom 813 4788 7627, pc 914996
60 minutes

9:30 AM WALNUT CREEK #52347

Way of Life Step, Tradition, Concept Study
Hybrid, Zoom 895 0620 7180,
pc Friday930

Hillside Covenant Church

2060 Magnolia Way
Downstairs, Classroom 1
75 minutes

★ 6:00 PM PITTSBURG #502546

Also Sunday 8:00AM
en Español, In Spanish
Alegría de Vivir
Hijos Adultos de Alcohólicos
Adult Children of Alcoholics
337 E. Leland Rd. Local #333
120 minutes (2 hrs)

7:30 PM PLEASANT HILL #49465

Al-Anon Adult Children
Zoom 486 317 852, pc 145125
90 minutes

7:30 PM DUBLIN (District 16)

St. Philip Lutheran Church
28850 Davona Dr.
Book Study: How Al-Anon Works
90 minutes

8:00 PM BRENTWOOD #045996

Community United Methodist Church
809 - 2nd Street
(Across from Liberty High School)
Enter by side door
1 hour 15 minutes

SATURDAY

8:00 AM CONCORD #43510

Step, Tradition & Concepts Study
Saturday Sunrise AFG
Zoom 845 9720 3943, pc 386316
90 minutes

8:00 AM CONCORD #43510

Step, Tradition & Concepts Study
Saturday Sunrise AFG
John Muir Medical Center
Concord Campus
2540 East Street
Leshler Auditorium, except 2nd in Concord
Room 1
ID required to enter building
90 minutes

★ 9:00 AM ANTIOCH #30529342

Also Thursday 6:00PM
en Español, In Spanish
Brillo de Esperanza
1215 Sunset Dr
60 minutes

★ 9:00 AM PLEASANT HILL #305130833

en Español, In Spanish
Nuevos Horizontes Hybrid
Zoom 862 4662 2899, pc 396289

Oak Park Christian Center
2073 Oak Park Blvd.
90 minutes

11:00 AM DANVILLE #26916

Zoom 279 241 750, pc 075276
Hybrid

Community Presbyterian Church
220 West El Pintado, Room 7
90 minutes

12:00 NOON WALNUT CREEK #26494

Come As You Are
Zoom 856 899 035, pc 05735
1 hour 15 minutes

ALATEEN

Open only to young people who believe
their life is affected by someone else's
drinking.

For more information: (925) 858-7698

Thursday

7:30 PM PLEASANT HILL #65695

Thursday Alateen
Hillcrest Congregational Church
404 Gregory Lane
Rm 15 60 minutes
(Al-Anon in Rm 14 at same time)

District 14

Open Speaker Meeting

4th Saturday of each month

Hybrid

Everyone welcome, including visitors

7:00 – 9:00 PM

Creekside Community Church

1350 Danville Blvd., Alamo. Sanctuary

and

Zoom 822 9293 1779, pc 326066

Speakers from Alateen, Al-Anon & AA,
birthday chips, -literature sales.

District 14 Business

Meeting

All Al-Anon/Alateen members welcome

Regular Business Meeting of
Al-Anon Group Representatives
and Service Coordinators.

1st Wednesday of Each Month

7:30 -9:00 PM

Hybrid:

Zoom 814 0402 7808, pc D14

and in-person at :

John Muir Medical Center
Concord Campus
2540 East Street, Concord
Leshler Auditorium
ID required to enter building

TELEPHONE MEETINGS

Attend a meeting from any location using
your telephone. Meet with others via
conference call.

Meeting Instructions

For Telephone Meetings and information:

Phonemeetings.org or

[al-anon.org/al-anon-
meetings/telephone-meetings/](http://al-anon.org/al-anon-meetings/telephone-meetings/)

ELECTRONIC MEETINGS

Attend a meeting from any location using
your computer, tablet, or smart phone.

[al-anon.org/al-anon-
meetings/electronic-meetings/](http://al-anon.org/al-anon-meetings/electronic-meetings/)

UPDATES

Report changes in meeting times or
locations to:

[al-anoncontracosta.org/meeting-
updates/](http://al-anoncontracosta.org/meeting-updates/)

See and print our most current meeting
schedule online at our website:

al-anoncontracosta.org/meeting-list/

Key

★ = Spanish

pc = passcode

WR = Waiting Room (video encouraged)

AFG = Al-Anon Family Group

♿ = Handicap accessible

Hybrid = both Zoom and in-person meeting
together

GEA = Global Electronic Area (no longer in
D14). Find through Electronic Meetings
link above, plus the WSO #

Revised: 4/25/2024

This directory is provided to assist Al-Anon/Alateen members in locating meetings and is to be used for no other purpose. Listing in this directory does not constitute approval of any group's manner of practicing the Al-Anon/Alateen program. If the group you attend is not right for you, please try another. There is help available in Al-Anon/Alateen.